

Information is current as of October 2022

Hours and payment/contact data subject to change. MEDDAC-Japan is not responsible for changes – please contact each institution directly for specific information.

Bilingual clinics/hospitals and Language support services near Camp Zama

**TRICARE Overseas Prime beneficiaries must consult a PCM before seeking care off-post unless it is an emergency.
For off-post emergencies, please call 119.**

Off-Post Civilian Medical Care:

1. Most clinics and hospitals in Japan require payment in cash (Yen) before a medical service is provided. In rare cases, some facilities may take a credit card. Patients must pay the medical facility and file a reimbursement claim with their insurance provider. Please take a minimum of 15,000 Yen for a routine office visit.
2. Hospitals and clinics in Japan will accept walk-ins for the first visit.

Procedures for Space-Available patients:

1. Space-Available patient categories include TRICARE for Life, TRICARE Select, non-enrolled beneficiaries and persons who provide direct services to the U.S. Armed Forces outside the United States.
2. A referral from MEDDAC-Japan is not required for Space-Available patients to seek care off-post.
3. Space-Available patients should be familiar with their insurance plans and should contact their insurance company before seeking care overseas.
4. Space-Available patients should arrange for an interpreter if they are referred by a local civilian provider to a specialist at a different hospital. MEDDAC-Japan does not provide this service. Some major facilities in Kanagawa Prefecture offer language support services through the Multilanguage Information Center (MIC) Kanagawa. Prearrangement through the hospital is required. There is a fee associated with this service.
5. MEDDAC Japan does not translate medical documentation from English to Japanese or Japanese to English for Space-Available patients.

Bilingual Clinics near Camp Zama

1. Kobayashi International Clinic 小林国際クリニック

Specialties	General Surgery, Gastroenterology, Pediatrics, Upper Endoscopy					
Director	Dr. Kobayashi, Yoneyuki					
Clinic Hours						
Mon	Tue	Wed	Thu	Fri	Sat	
0915-1200	0915-1200	Closed	0915-1200	0915-1200	0915-1300	
1400-1700	1400-1700	Closed	1400-1700	1400-1700	Closed	
TEL	046-263-1380 English speaking receptionist available					
Website	http://5884-international-clinic.com (Japanese)					
Payment	Cash only in JPN Yen					
Address	3-5-6-110 Nishi-Tsuruma, Yamato City, Kanagawa Prefecture, 242-0005					
Access	*20 min by car from Camp Zama Gate 1 * Free parking spaces nearby (for 5 cars) *5 min walk from Tsuruma Odakyu station					
Note	*English speaking receptionist available *Immunizations: walk-in for Hib vaccine, pediatric pneumococcal vaccine, DT, DPT, DPT-IPV, Polio, MR, Japanese encephalitis. Please call a few days in advance for mumps, chicken pox, hepatitis A & B, influenza, Rotavirus, Rabies. *Real Time PCR test, antigen test, antibody test available					

2. Takahashi Clinic たかはしクリニック

Specialties	Gastroenterology, Cardiology Internal Medicine, Pediatrics, Surgery, Proctology					
Director	Dr. Takahashi, Kensho					
Clinic Hours *2 nd Sunday & Holidays Closed						
Mon	Tue	Wed	Thu	Fri	Sat	*Sun
0900-1230	0900-1230	Closed	0900-1230	0900-1230	0900-1230	0900-1230
1500-1900	1500-1900	Closed	1500-1900	1500-1900	Closed	Closed
TEL	046-257-7737					
Website	N/A					
Payment	Cash only in JPN Yen					
Address	3-42-61 Soubudai, Zama City, Kanagawa Prefecture 252-0011					
Access	*15 min by car from Camp Zama Gate 1 (behind Soubudaimae station) *Free parking space (for 3 cars) in front of the clinic *3 min walk from Soubudaimae Odakyu station					
Note	*Immunization is available *No PCR test nor antigen test					

3. Uchiyama Orthopedics Clinic 内山整形外科

Specialties	Orthopedics, Surgery (physical therapy), Rheumatology					
Director	Dr. Uchiyama, Maki					
Clinic Hours						
Mon	Tue	Wed	Thu	Fri	Sat	
0900-1200	0900-1200	0900-1200	0900-1200	0900-1200	0900-1200	
1400-1830	1400-1830	1400-1830	1400-1830	1400-1830	1400-1600	
TEL	046-253-4333					
Website	http://uchiyama-seikei.com					
Payment	Cash only in JPN Yen					
Address	4-2598 Iriya, Zama city, Kanagawa prefecture, 252-0024					
Access	<ul style="list-style-type: none"> *20 min by car from Camp Zama Gate 1 (near Zama Odakyu Station) *Free parking space in front of & near the clinic *7 min walk from Zama Odakyu station 					
Note	<ul style="list-style-type: none"> *English Speaking receptionists available *80% of staff are female including Dr. Uchiyama, director 					

4. Kikuchi General Medical Clinic きくち総合診療クリニック

Specialties	Internal Medicine, Surgery, ER, Psychosomatic Medicine, Nephrology, Cardiology, Pulmonology, allergy, Orthopedics, Pediatrics, Rehabilitation, Neurosurgery, CT/MRI						
Director	Dr. Kikuchi, Yamato						
Clinic Hours							
Mon	Tue	Wed	Thu	Fri	Sat	Sun/Holiday	
0900-1300	0900-1300	0900-1300	Closed	0900-1300	0900-1300	0900-1300	
1300-1800	1300-1800	1300-1800	Closed	Closed	1300-1800	1300-1800	
1900-2000	1900-2000	1900-2000	Closed	Closed	1900-2000	Closed	
TEL	0467-76-1000						
Website	https://kikuchi-geclinic.jp/						
Payment	Cash/Credit Cards/Suica/Pasmo						
Address	7-18-2 Fukayanaka, Ayase city, Kanagawa prefecture, 252-1107						
Access	<ul style="list-style-type: none"> *40 min by car from Camp Zama Gate 1 *Free parking (for 280 cars - Clinic is located in Risemall Ayase Shopping Mall) *Near NAF Atsugi West gate 						
Note	<ul style="list-style-type: none"> *Diagnostic exam (MRI/CT) room on the 1st floor next to the pharmacy *Immunization available *PCR Test, antigen test, antibody test available *Outpatient clinic on the 2nd floor (the other side of "Daiso" 100 yen store) 						

5. Yotsuya Yui Clinic 四谷ゆいクリニック

Specialties	Psychiatry, Psychosomatic medicine, Neurology					
Director	Dr. Abe, Yu					
Clinic Hours						
Mon	Tue	Wed	Thu	Fri	Sat	Sun/Holiday
10:00-13:00 (EN/ES)	10:00-13:00 (EN)	10:00-13:00 (KR)	10:00-13:00 (EN/ES)	Closed	9:30-13:00 (EN/PT)	Closed
14:30-17:30 (ES)	14:30-19:00 (ES)	14:00-17:00 (KR)	14:30-19:00 (ES)	Closed	11:00-13:00 (ES/PT)	Closed
			14:30-17:00 (EN)	Closed	14:00-18:00 (EN/ES/PT)	Closed
EN: English /ES: Spanish /KR: Korean/ PT: Portuguese Please check the updated hours and language service at https://www.yotsuya-yui.jp/medicalE.html						
TEL	03-5225-1291					
Website	https://www.yotsuya-yui.jp/subtopE.html					
Payment	Cash only in JPN Yen					
Address	Ichigaya-honmuracho 2-23, Kyotoso Building 1F, Shinjuku-ku, Tokyo, 162-0845					
Access	*6 min. walking from JR Line Exit: Yotsuya guchi) Tokyo Metro Namboku Line Yotsuya station / from Marunouchi Line Yotsuya station *6 min. walking from JR Line Ichigaya station/ Tokyo Metro Yurakucho Line Ichigaya station/ Toei Shinjuku Line Ichigaya station					
Note	*English Speaking receptionists available *By appointment only (Waiting time 1 to 2 months) *Adults only (Adolescent negotiable)					

International Hospitals accredited by the Joint Commission International

1. Shonan Fujisawa Tokushukai Hospital 湘南藤沢徳洲会病院

Specialties	General Internal Medicine, Neurology, Pulmonary Medicine, Gastroenterology, Cardiovascular Medicine, Interventional Endoscopy, Nephrology, Endocrinology/Diabetes and Metabolism, Hepato-Gastroenterology, Emergency Medicine, General Surgery, Cardiovascular Surgery, Orthopedics, Spine Surgery, Neurosurgery, Pediatrics, Obstetrics and Gynecology, Pediatric Surgery, Urology, Ophthalmology, Dermatology, Plastic Surgery, Otorhinolaryngology, Anesthesiology, Cerebrovascular Neurosurgery, Radiology (Radiotherapy / Radio Diagnosis), Stroke Center, Cardiovascular Center, Robotic Surgery Center, Center of Hepato-Gastroenterology, Pain Control Center, Outpatient Chemotherapy Room, Same Day Surgery Center, Dialysis Center, Health Management Center, Rehabilitation
Clinic Hours	1 st office visit from 0800 – 1100/Specialty clinic – please contact each clinic International Medical Support Center Hours: Mon-Fri 0800-1200, 1330-1500, 1700-1830 Closed on Sundays & Holidays Email: international@ctmc.jp
TEL	0466-35-1177 or International Medical Support Center 0466-35-1332
Website	https://www.fujisawatokushukai.jp
Payment	Yen cash/credit/debit cards
Address	1-5-1 Tsujidokandai, Fujisawa, Kanagawa 251-0041
Access	*90 min by car from Camp Zama Gate 1 *8 min walk from JR Tsujido station/free shuttle bus every 10 minutes from Tsujido station - North Exit between 0740 and 1700 *Parking fee - 1 st one hour 100 yen + 200 yen/hour; up to 500 yen
Note	*1 st office visit by walk-in; check-in by 1100 am *Without a letter of introduction (shoukaijyo) from your attending physician an extra initial office visit fee 2,200 yen will be charged *Specialty care by appointment only *A translator tablet device available at the business office (Ijika) *A translator can be arranged by International Support Center (fee for service)

2. Shonan Kamakura General Hospital 湘南鎌倉総合病院

Specialties	General Internal Medicine, Nephrology, Diabetes and Endocrinology, Hemodialysis Center, Transplant Surgery, Urology, Podiatry Outpatients, Hematology, Gastroenterology Center, Pulmonology, Sleep Medicine Outpatients, Rheumatology, Chinese Traditional Medicine, Surgery, Surgical Correction for Chest Deformity, Breast Surgery, Respiratory Surgery, Liver, gall bladder and pancreases Surgery, Stroke treatment, Cardiovascular Medicine, Cardiovascular Surgery, Aorta Center, Vascular Shunt Care Center, Obstetrics and gynecology, Neurosurgery, Orthopedic Surgery, Spine Center, Pediatrics, Plastic Surgery & Aesthetic Surgery
Clinic Hours	1 st office visit from 0730- (Hours vary by department); Specialty clinic – by appointment only; please contact each department
TEL	0467-46-1717 International Support Center 0467-46-9931 International Support Center Mon-Sat 0830-1700 (closed on Sun & National Holidays) inquiry@shonankamakura.or.jp
Website	https://www.skgh.jp (English available)
Payment	Yen cash/credit cards
Address	1370-1 Okamoto, Kamakura city, Kanagawa 247-8533
Access	*90 min by car from Gate 1 of Camp Zama *Free Shuttle bus from JR Ofuna station East & West Exits 0710-1750 (please check the bus schedule for more details) *First two hour parking fee 200 yen + 100 yen/hour after initial two hours
Note	*1 st office visit by walk-in; check-in hours vary by department *Without a letter of introduction (shoukaijyo) from your attending physician an extra initial office visit fee 5,500 yen will be charged *Specialty care by appointment only *A translator can be arranged by International Support Center (fee for service) *Mediphone – translator service by phone – available

3. NTT Medical Center Tokyo NTT 東日本関東病院

Specialties	Internal medicine, Dermatology, Pediatrics, Mental health, Chronic disease management, Back, joint or muscle pain, Health checks, Travel assistance/ certificate/vaccine, Childhood vaccination, Ear, nose and throat problems, Contraception advice, Sexual health check
Clinic Hours	Mon-Fri 0830-1100/1300-1500 Closed: Sat, Sun & National Holidays
TEL	International Medical Clinic 03-6721-6239 (direct – English OK)
Email	International Medical Clinic nttihc-ml@east.ntt.co.jp
Website	https://www.ntt-east.co.jp/kmc/en
Payment	Yen cash/Credit & Debit cards/QR Code (Line Pay etc.)
Address	5-9-22 Higashi-Gotanda, Shinagawa ward, Tokyo 141-8625
Access	*90 min by car from Camp Zama Gate 1 *7 min walk from Gotanda station (JR line & Tokyu Ikegami line) *Free shuttle bus from East Exit of JR Gotanda station available between 0800 and 1745 *Parking fee: 100 yen/28 minutes
Note	*International Medical Clinic newly opened in April 21. Please call 03-6721-6239 or email at nttihc-ml@east.ntt.co.jp for an appointment. *Documentation can be translated into English per patient's request; a translation fee with documentation fee is 13,200 yen + more depending on the size of the documentation

4. St. Luke's International Hospital 聖路加国際病院

Specialties	Cardiovascular Center, Gastroenterology Center, Ambulatory Care Center for Children, Breast Center, Center for Integrated Sports Medicine, Neurology & Neurosurgery Center, Kidney Center, Immuno-Rheumatology Center, Liaison Center (Psychiatry department/ Psychosomatic Medicine Department), Departments: Immuno-Rheumatology Center/ Comprehensive Medical Assessments Department/ Clinical Laboratory Department, Oral Surgery Department, Dermatology Department...etc. Please refer to the website.
Hours	By appointment only
TEL	03-3541-5151 Central Appointment Line: 03-5550-7120 (Mon-Fri 0830-1700) International Department: 03-5550-7166 (direct)
Email	International Department: 5931@luke.ac.jp
Website	http://hospital.luke.ac.jp
Payments	Yen cash/credit & debit cards
Address	9-1 Akashi cho, Chuo ward, Tokyo 104-8560

Access	<p>*90 min by car from Camp Zama Gate 1</p> <p>*7 min walk from Tsukiji station (Subway Hibiya Line - Exits #3a, 3b, 4)</p> <p>*8 min walk from Shintomachicho (Subway Yurakucho Line – Exit #6)</p> <p>* By bus from Tokyo station – Yaesu Exit/Towards “Fukagawa Shako” get off in front of St. Luke’s International Hospital</p> <p>*Parking 0630 am – 0945 pm - 550 yen first one hour + 330 yen per 15 minutes (limited parking space – not always available)</p>
Note	<p>*This hospital offers specialized and advanced care. You are highly recommended to see your primary care physician first and to be referred to St. Luke’s International Hospital.</p> <p>*Without a letter of introduction (shoukaijyo) from your primary care physician an extra initial office visit fee 5,500 yen will be charged</p> <p>*A letter of introduction (shoukaijyo) and appointment required.</p> <p>*Translation for outpatient consultation & Inpatient Hospitalization – available free of charge. Please contact 5931@luke.ac.jp prior to your appointment</p> <p>*Free telephone interpretation services available 24/7</p>

Language Support Services

AMDA International Medical Information Center AMDA国際医療情報センター			
TEL	03-5285-8088	Office Hours	10:00 – 16:00 daily
Website	https://www.amdamedicalcenter.com/activities		
Note	<p>*Free nurse advice & provider finder services by phone – to locate most appropriate providers near by</p> <p>*Available in English, Thai, Chinese, Korean, Spanish, Portuguese, Tagalog and Vietnamese</p>		

MIC Kanagawa (Multi-language Information Center Kanagawa) ミックかながわ											
TEL/Hours	Arrange by the hospital with the service contract for your appointment										
Website	http://mickanagawa.web.fc2.com/en-index.html										
Note	<p>*A hospital with the service contract will contact with MIC Kanagawa to coordinate an interpreter for your appointment if necessary.</p> <p>* Fees vary by hospitals; however, the basic fee is 3,300 per three hours + transportation fees for the assigned interpreter</p> <p>* Contracted Hospitals near Camp Zama</p> <table border="1" style="width: 100%;"> <tr> <td>Sagamihara city (2)</td> <td>Kitasato University Hospital, Sagami-hara Kyodo Hospital</td> </tr> <tr> <td>Ebina city (1)</td> <td>Ebina General Hospital</td> </tr> <tr> <td>Zama (1)</td> <td>Zama General Hospital</td> </tr> <tr> <td>Yamato (1)</td> <td>Yamato Tokushukai Hospital</td> </tr> <tr> <td>Atsugi City (5)</td> <td>Shonan Atsugi Hospital, Atsugi Civic Hospital, Tomei Atsugi Hospital, Tomei Atsugi Clinic, Kanagawa Rehab Hospital</td> </tr> </table>	Sagamihara city (2)	Kitasato University Hospital, Sagami-hara Kyodo Hospital	Ebina city (1)	Ebina General Hospital	Zama (1)	Zama General Hospital	Yamato (1)	Yamato Tokushukai Hospital	Atsugi City (5)	Shonan Atsugi Hospital, Atsugi Civic Hospital, Tomei Atsugi Hospital, Tomei Atsugi Clinic, Kanagawa Rehab Hospital
Sagamihara city (2)	Kitasato University Hospital, Sagami-hara Kyodo Hospital										
Ebina city (1)	Ebina General Hospital										
Zama (1)	Zama General Hospital										
Yamato (1)	Yamato Tokushukai Hospital										
Atsugi City (5)	Shonan Atsugi Hospital, Atsugi Civic Hospital, Tomei Atsugi Hospital, Tomei Atsugi Clinic, Kanagawa Rehab Hospital										