U.S. ARMY ON OKINAWA **Quarterly Newsletter**

A Message From The 10th Support Group's Command Team:

Another busy quarter and year has passed. We certainly hope you took some time to recharge and reconnect during the holiday season.

As we reflect on our many successes, we specifically would like to thank all our Family members, Civilian workers and local community for their unwavering support. Your contributions to our mission accomplishment are unmatched and we are extremely grateful.



Commander, 10th Support Group Colonel Theodore O.

White

Our Soldiers across the island continue to execute their duties phenomenally, ensuring readiness remains at an exceptionally high level. This is clearly evident in the excellent support the Garrison staff provides to units across the island, exercise support and constant bilateral training 1st Battalion, 1st Air Defense Artillery Regiment conducts, 835th Transportation Battalion's partnership building efforts, 78th Strategic Signal Battalion's reliable network support over a vast footprint, the 247th Military Police Detachment's professionalism and efficiency in protecting the force and property, and the Ammunition Depot's consistency in engaging with our local military partners while flawlessly providing ammunition support in the Indo-Pacific Command area of responsibility. We are very appreciative of your efforts.



Command Sgt. Maj., 10th Support Group Command Sgt. Maj. **Kenneth Law**

Heading into the New Year, we will continue to build on our past performance at bilateral training exercises, garrison activities and community engagements. These activities, along with your dedication, selfless service and professionalism, will serve us well as we continue to positively contribute to security and stability in Okinawa and the Pacific region.

We wish every Family member, Army Civilian, Japanese employee, Soldier, and local community member a safe and successful 2020. We look forward to working alongside you.

Ichi Dan!

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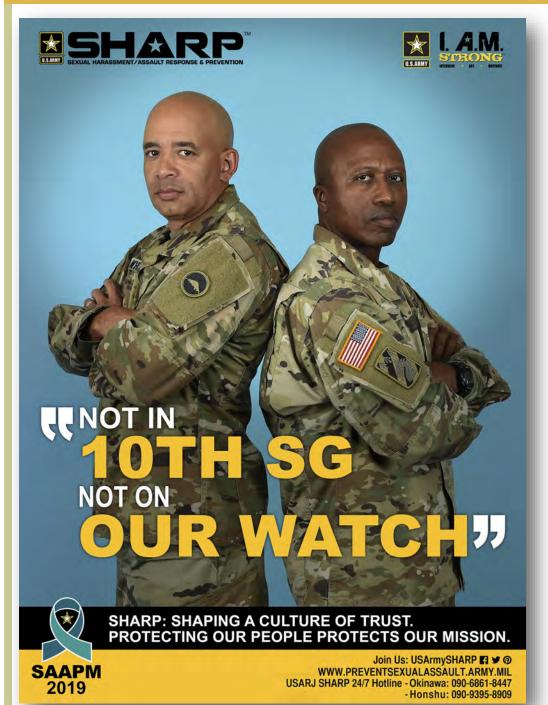












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10th Support Group-Safety

Now that we are at the start of the New Year, it is an important time to refocus our priorities and concentrate on the safety of ourselves and fellow Soldiers. Keep these points in mind as you navigate through your daily activities:

- <u>Report all hazards and near misses!</u> Reporting hazards and near misses enables us to fix problems before someone gets hurt. If you see something, say something.
- <u>Lead Change!</u> If you can see a way to improve safety, talk to your supervisor, additional duty Safety Officer/NCO, or Safety Manager about your ideas.
- <u>Keep your mind on the job!</u> Being distracted leads to mistakes which can result in harm to yourself or your workmates.
- <u>Stay Healthy!</u> Ensure that you are getting at least 8 hours of sleep, keeping well hydrated and avoiding excess alcohol.
- What is a Hazard? An object or situation that has the potential to harm a person, the environment or cause damage to property.
- Why should we report Hazards? Reporting hazards enables us to fix problems before someone gets hurt. Army policy requires employees to report all hazards or suspected hazards.
- What should you do if you see a Hazard? Report it to your supervisor or the Safety Manager. If it's safe and practical to do so, fix it e.g. rolling up a hose, removing a trip hazard, clearing stuff away from an exit/fire extinguisher.
- What are some Hazards in your work area? E.g. Exposure to unguarded or unprotected equipment, loose / wet surface, objects on the floor, blocked walkways, poor design or lay-out of work area, uneven surfaces, small or inadequate walkways, repetitive movement, awkward / sustained Postures, vibration, inadequate lighting, temperature extremes, humidity extremes, exposure to sunlight / UV radiation, chemical storage, threat of insect or animal bites, violence in the workplace, working alone, No procedures, bullying and harassment, fatigue, and shift work.
- What is a Near Miss? An incident that could have resulted in an injury or illness to people, danger to health, and / or damage to property or the environment.
- What can distract us from performing our tasks safely? Mobile phones, personal issues, workplace events, time pressures, fatigue, people around us, weather conditions, radios, music, poor housekeeping, being on "auto pilot".
- <u>How can we remain focused on our work?</u> Maintain vigilance –always remember that what we are doing can hurt us if we get it wrong. Ask for help if you are struggling to stay focused speak to your supervisor or the employee assistance program.

REMEMBER: Safety is everyone's responsibility. Make sure you are doing your part to make sure everyone goes home safe – each and every day.

Contact Mr. David Wilson, 10th Support Group's Safety Manager, at DSN: 644-5663 and email: david.g.wilson36.civ@mail.mil

10th Support Group in photos



LCU crew supports exercise KAMANGAD, Oct. 4



U.S. Marine Sgt. Maj. Marquez receives a token of appreciation from Command Sgt. Maj. Law, Oct. 11.



Wako High School students ask questions during a visit to Torii Station, Oct. 17.



Soldiers prepare to detonate a Claymore Mine during training, Oct. 25.



Soldiers compete during unit Organization Day, Nov. 1.



U.S. ARMY ON OKINAWA

10th Support Group in photos (Cont.)





Soldiers improve their marksmanship skills at a M4 range, Nov. 15.



Soldiers preform the leg tucks during the ACFT, Nov. 20.



The command team pauses for a photo with participants of training exercise Yama Sakura 77. Dec. 4.



Lt. Col. Crockatt briefs JGSDF OCS cadets, Dec. 9.



Soldiers participating in the Jingle Bell Challenge, Dec. 13.



A member of the Army team prepares for the Army v. Navy football game, Dec. 15.

10th Support Group Ammunition Depot





Director,

10th Support Group

Ammunition Depot

Lt. Col. Greg R. Thayer

This quarter, Lt. Col. Thayer, depot director, provided an executive level briefing to the Middle Army's leadership of the Japan Ground Self-Defense Force (JGSDF) on the Ammo Depot's mission and capabilities. The visit included a facilities tour for Lt. Gen. Nozawa, Middle Army commander, Maj. Gen. Saito, deputy chief of staff, Maj. Gen. Yamane, commander, 13th Brigade, Col. Ooe, commander, 46th Regiment, and approximately 27 senior noncommissioned and staff officers. With assistance from staff at Garrison, Kure, the Ammo Depot and 13th Brigade, JGSDF

worked diligently to set the conditions for contingency operations in support of the Middle Army Commander and Staff.

The surveillance personnel of

The surveillance personnel of Ammo Depot Okinawa, provided their expertise in the safe handling and movement of the missile systems. The organization safely conducted the training with the assistance of the Ammunition Inspectors and the Quality

Assurance Specialist Ammunition Surveillance (QASAS) supervisors.



Lt. Col. Thayer conducts a briefing.

NCOIC,
10th Support Group
Ammunition Depot
Sgt. 1st. Class
Jessica Casillas

The Ammunition Depot, retrograded a total of 145 twenty foot equivalent containers to five (5) separate Joint Munitions Command (JMC) Ammunition Depots for Army wide redistribution.

The 10th Support Group's Ammunition Depot continues to diligently provide ammunition support and operate ammunition depots in the Indo-Pacific Command area of responsibility in support of full spectrum operations.



Lt. Col. Thayer and group pauses for a group photo.

U.S. Army Garrison-Okinawa





U.S. Army Garrison
Okinawa
Lt. Col. Joel Gleason

As we begin this New Year, I want to remind everyone that the Chief of Staff of the Army, Gen. James C. McConville, makes people his #1 priority. The Army's greatest asset is its people, the Soldiers and Civilians in our ranks, who literally are the face of the nation.

Here at USAG Okinawa, our piece of that comes down to making sure Army people here are our #1 priority. You have my and the entire garrison team's commitment to making USAG Okinawa YOUR Army home. The quality of services, customer service and care you receive here should be no different than what you would get at Fort Hood, Fort Gordon, or Camp Humphreys.

Of course, the community we serve is not quite as large as those at most other garrisons. But that makes no difference in how we take care of the Soldiers, Civilians and Family members of our community. If you live in the Dallas, population about 1.3 million, you have access to 16 Walmarts within city limits. If you live in Duncanville, Texas, population about 38,000, you have access to one. But when you walk into that single store, you expect to see, and will get, the same services, the same merchandise, at the same quality, as is available in stores throughout the bigger city.

Well, USAG Okinawa is that small town —we might be one of the smallest garrisons in the IMCOM enterprise, but you deserve the same quality of service here that you would get at any garrison across the Army. We don't have the "Super Gym" or other fitness facilities of Camp Humphreys, but I think our one gym is pretty darn good.

And don't forget, the "big city" installations of Kadena Air Base and Camp Foster are just a short drive away!

What you get here, something only a very few other garrisons can offer, is the chance to work and live in a semi-tropical paradise. If there's one thing I would urge you to do over the next year: get outside the gates and explore! There are so many unique things to see and do here, don't miss this once in a lifetime chance to experience the Okinawan people and culture. You will not regret it!

It Takes a Team!



Command Sgt. Maj., U.S. Army Garrison Okinawa Command Sgt. Maj. Dennis N. Dodge

U.S. Army Garrison-Okinawa





Early in December 2019, the U.S. Army Japan Band's "Sagami Groove" came all the way from Camp Zama to spread some holiday cheer in Okina-

wa. As part of their visit, they stopped by the Wakatake preschool in Yomitan Village to bring some live holiday music, much to the delight of more than 200 kids and teachers. One of the young students even gave a short speech in English in appreciation, and they were all asking when the band could come back! It was quite obvious that a good time was had by all to kick off the holidays.





1st Battalion, 1st Air Defense Artillery Regiment



First Among Equals



Commander,
1st Battalion, 1st Air
Defense
Artillery Regiment
Lt. Col. Rosanna
Clemente

The Snake Eyes Battalion continues to rise above the rest in the Indo-Pacific Command (INDOPACOM) Theater. The key training focus for the month of December, was participation in the Southern Spear exercise. The exercise provided a unique opportunity to strengthen relationships with the Japanese Air Self-Defense Forces (JASDF) on Okinawa. 1st Battalion, 1st Air Defense Artillery successfully trained and integrated with the JASDF for an overview of Patriot equipment and operations which strengthened ties between the U.S. and Japanese Forces on Okinawa and provided exchange of operational knowledge with our bilateral partners.

1st Battalion, 1st Air Defense Artillery (1-1 ADA) participated in Yama Sakura, a US-Japan bilateral command post exercise (CPX). While the primary training emphasis is on the Japanese Ground Component Command, this exercise also aims to enhance operational capabilities by placing additional focus on Multi Domain Task Force (MDTF) functions. Through this exercise, the Battalion staff executed command post operations to standard, the revised Field Standard Operating Procedure is validated, and the Battalion is postured to support the 38th Air Defense Artillery Brigade's exercise evaluation during Keen Edge 2020.

Charlie and Delta Batteries completed Table VIII and Table XII certifications which solidified their primary and secondary crews on prepare for movement and emplacement to defeat aerial threats targeting defended assets in order to protect the force and preserve peace in Okinawa and throughout the Pacific. As we look into the future and anticipate new requirements for air and missile defense, validating an expeditionary capability will prove vital in the defense of Japan.

All units supported the Amazing Race. The event included competitive events consisting of a push-up competition, launcher set-up, and grenade toss. Ultimately, the Amazing Race strengthened unit cohesiveness and increased family support by conducting a competition among sister service and other 1-1 ADA spouses. The Snake Eyes Battalion hosts the annual Turkey Bowl. The event consists of units competing in flag football, a chili cook-off, and support of the Solider Family Readiness Groups. The Turkey Bowl promoted friendly competition and team building which provided a great start to the holiday season. Congratulations to Charlie Battery 1-1 ADA Okinawa, Japan on winning this year's flag football tournament!

We want to extend our heartfelt thanks to all our Soldiers and Family members for their support and hard work over the last year. The Snake Eyes Battalion would not be as successful without each and every single one of you!

First Line of Defense, By Valor and Power, First Among Equals!



Command Sgt. Maj,
1st Battalion, 1st Air
Defense
Artillery Regiment
Command Sgt. Maj.
Melissa Calvo

1st Battalion, 1st Air Defense Artillery Regiment

Above the Rest By 2nd Lt. Jayson Guerra

OKINAWA, Japan - Alpha Battery, 1st Battalion, 1st Air Defense Artillery Regiment (1-1 ADA), is one of four firing units whose primary focus is providing Air and Missile Defense for Okinawa. Out of 9,000 service members in Kadena Air Force Base, the Annihilators make up 73 of those service members.

Alpha Battery partnered with 44th Fighter Squadron, a United States Air Force F-15 Fighter Squadron, to conduct a capabilities and limitations brief.

Ultimately, the brief help Soldiers grasp a better understanding of multi-domain operation and how it applies to their everyday lives as Air Defenders.



Capt. Austin "Mongoose" Hurley briefs Sgt. Andrew Rusher, and 2nd Lt. Austin Eldred about the cockpit of his F-15.

"Understanding how to incorporate our joint-service units, strengthens our multi-domain operations to infiltrate our adversaries," said 2nd Lt. Austin Eldred.

After the brief, Capt. Austin "Mongoose" Hurley, a F-15 pilot, took Soldiers to tour the Eagle. Soldiers were allowed to see the inside of the cockpit and ask questions.

Members of 44th Fighter Squadron pause for a photo after touring Alpha Battery's site.

Shortly after the tour, a select few were able to go into the F-15 simulators. The Boeing workers at the simulators mocked live scenarios where MiG's were attacking the fighter pilots as they flew around.

"They emplaced launchers on the flight line to defend the airbase and strategically placed AEGIS ships to protect the island. They taught us how to engage a hostile aircraft with an AIM-120 AMRAAM. It was an awesome experience I won't ever forget," said Staff Sgt. Jack Earnshaw.

Earlier this quarter, the 44th Fighter received a tour of the Engagement Control Station (ECS), and the M903 Launching Station. During the tour, pilots were able to view Alpha Battery Tactics Warrant Officer Jason Garza, engage targets during air battles.

1st Battalion, 1st Air Defense Artillery Regiment



Bravo Philosophy By 1st Lt. Alvarado Daniella

OKINAWA, Japan—Bravo Battery, 1st Battalion, 1st Air Defense Artillery Regiment (1-1 ADA), is comprised of competent and motivated Soldiers. They train to achieve proficiency in all areas to include, Air and Missile Defense Operations, intermediate and advance rifle marksmanship, conventional and Patriot system maintenance and much more. Soldiers are enthusiastic about work and training during duty hours as well as after the duty day is done. Over the past few months, Bravo Soldiers volunteered to help the Soldier Family Readiness Group host a Halloween Haunted House in October, as well as a Thanksgiving Pot Luck in November. The Boltz philosophy is: Be the best in all areas: training, readiness and deployability. Overachieve in certifications, schools and tasks. Leave positive lasting impressions by representing your unit well in all that you do. Team: Together everyone achieves more. Be zealous; show passion and enthusiasm. The Bravo Philosophy was coined by their First Sergeant, 1st Sgt. Bates, who tells his Soldiers, "Greatness is not for the chosen few; it's for the few who choose it. I want all Soldiers to choose greatness."

CBRN Training

Bravo Battery's CBRN training exercise is one of its major training events for the quarter. In preparation for the exercise, Sgt. Yang, the primary CBRN NCOIC, created a concept of operations plan, resourced through TADSS, coordinated with the medics and fellow NCOs to support the training, and established a road march route to the training site. Staff Sgt. Romero, one of Launcher Platoon's Section leaders, assisted in developing the squad level tactics training portion.

Reacting to Threats

Sgt. Siler, the alternate CBRN NCOIC, conducted training on the procedures

for administering self- aid during a chemical attack utilizing the auto injection kit.



Sgt. Yang demonstrating the proper MOPP4 donning procedures.

The Joint Chemical Agent Detector (JCAD) was also utilized to detect possible chemical hazards. Soldiers practiced assuming MOPP levels one thru four in sequence within eight minutes. They also practiced donning, clearing, and sealing their protective masks within nice seconds and giving the alarm without becoming casualties.



835th Transportation Battalion



Champions Moving the Pacific



Commander,
835th Transportation
Battalion
Lt. Col. Kelvin Simmons

Friends and Family,

Over the past months, the 835th Surface Warriors were preparing for the upcoming Pacific Pathways exercises and support missions, while simultaneously taking time to fellowship and participate in festivities during the holiday season.

The 835th continually focuses on operations and training. Having conducted over 1,000 hours of training, the battalion has satisfied its annual requirements and certification for performance of vessel operations. In December, eight battalion personnel attended the Ship Load Planners Course (SLPC), formerly known as the Integrated Computerized Deployment System (ICODES) held at Sagami Depot, Japan. This training, coordinated by the Surface Deployment and Distribution Command, provides each battalion the capability of at least two certified individuals, to further support future missions and the 599th Transportation Brigade Training and Leadership Development Guidance.

Shifting from operations and training and taking time to share stories and enjoying the holiday season, on Dec. 6, the battalion held its annual holiday luncheon at Camp Kinser's Surfside. Planning and conducting this event is key to the organization and is a time to step back, engage with our comrades, local partners, family, and friends. Games, prizes, and song provided some merriment as we gathered for food and fellowship. While gathered, the 835th said farewell to Mr. Avram Fox, the former Cargo Distribution Section Chief, as he will transition to a new SDDC position in Belgium, Netherlands. Mr. Fox was awarded and presented the Civilian Service Achievement Award for this exceptional hard work and dedication during his time with the 835th team.



Command Sgt. Maj., 835th Transportation Battalion Command Sgt. Maj. Talmige Bell Jr.

The beat goes at Naha Military Port, as a large number of facility improvements are underway. The ongoing military dredging project is halfway complete and on track to finish in June 2020. A water main project has commenced and is projected to be completed by July 2020. This project replaces the old water main pipes with new pipes and provide better service to buildings on the port.

In the coming months, the CHAMPION Battalion will commence travel across the pacific in support of various military cargo movements and missions. After a great deal of preparation and training over the past months, we are ready to deploy and support!

"Champions...Moving the Pacific!"

835th Transportation Battalion (Cont.)



Champions Moving the Pacific

835th Transportation Battalion Delivers More than Readiness and Lethality at Speed



Children at King's FilAm home in Olongapo

When deployed in support of a mission or exercise, Team CHAMPION normally only focuses on delivery of the cargo booked in the Defense Transportation System. Nonetheless, during the Pathways exercises, the 835th Transportation Battalion delivered a much different type of cargo for a completely different effect; goodwill. Team CHAMPION dedicated personal time and resources to visit the King's FilAm home, an orphanage in Olongapo. They visited the children and donated new furniture, food, and appliances. This was an opportune time to improve community relations within the Philippines community where Team CHAMPION frequents in support of exercises such as Salakanib and Balikatan, further enhancing relationships, partnerships and security in the area.

The Pathways exercises are operations that increase readiness of U.S., allied, and partnered forces while shaping the local security environment in providing maximum flexibility to the combatant commander for

the dynamic employment of forces. The visit provided tangible items for the kids and the staff of the orphanage, but the intangible benefits such as the donation of time, and companionship were not lost on the staff and the children. This is significant because the 835th Transportation Battalion mainly operates out of commercial ports with commercial carriers and civilian stevedores, thereby necessitating a positive relationship with the local populace. This visit provided power projection through the Joint Distribution and Deployment Enterprise while taking unique steps in bettering the security of the area through a little goodwill.



Furniture provided to the orphanage

78th Strategic Signal Battalion



Kin No Ashika



Commander,
78th Strategic Signal
Battalion
Lt. Col.
Michael J. Temko

Happy Holidays, Shogun Battalion!

Command Sgt. Maj. Wokasch and I would like to wish everyone a happy holiday season and a safe, prosperous New Year as we turn the calendar to 2020 – a year of clear vision for the Mighty 78th Strategic Signal Battalion!

We continued to row hard across our vast footprint this first quarter of the new fiscal year and we would like to acknowledge you and your Families once again for all the sacrifices, hard work, and dedication.

In a quarter full of training and federal holidays, and a battalion continuously doing more with less, we are enduring and accomplishing our mission by achieve excellence in all that we do. You performed magnificently in support of Yama Sakura 77. The battalion staff achieve high marks from inspections conducted by 516th, 311th, and NETCOM. We obtained cyber dominance during Cyber Strike III and saw the completion of the new Multifunctional Tech Control Facility (MTCF) at Camp Foster Annex. Despite a rapid and relentless operations tempo, we still found time to energize our FRGs with Halloween spook-taculars, Thanksgiving meals, Holiday Socials, and even a golf scramble.

This quarter was also full of collaboration, synchronization and gaining overall awareness of communications operations across the environment. Leaders attended the Theater Synch Review in Hawaii, the III MEF G6 Symposium, the DISA PAC Seminar, and hosted the 78th Facility Control Office (FCO) Conference.



Command Sgt. Maj., 78th Strategic Signal Battalion Command Sgt. Maj. Mark F. Wokasch

As we look ahead to 2020, my vision is clear. We will continue to aggressively pursue mission accomplishment by exercising disciplined initiative and by accepting prudent risk throughout our decentralized operations. This is only possible through building cohesive teams through trust.

The road ahead next quarter will be arduous and long. With Network Modernization, VoIP Integrations, Keen Edge/Sword, Shodan Watch II, TLA Installation, RHN Virtualization and more staff inspections, the expectation remains the same – excellence!

Wishing you all a heartfelt thank you as we enter the New Year. Stay safe and take care of yourself and each other!

Together we are... the Voice of the Far East!

NEVER BETTE BED

Kin No Ashik

78th Strategic Signal Battalion (Cont.)

OKINAWA, Japan - The 78th Signal Battalion participated in a morning of Resilience Physical Training (PT) with the Unit Missionary Team, Dec. 6 at Torii Station, Okinawa. The event was put together by Chaplain (Maj.) Doyle Harris, 78th Signal Battalion, and the Religious Affairs Specialist, Spc. Kelvin Hughes.

Nearly 60 Soldiers across the 78th Signal Battalion participated in the training, from 8 a.m., and culminated with a cookout. The PT portion of the event consisted of company versus company sporting competitions, primarily between the Network Enterprise Center Okinawa (NEC-O), and the Defense Satellite Communications Station (DSCS). Soldiers in Headquarters Company were divided into the other two companies, as they have far fewer personnel in comparison, with each of the companies having different missions, in different locations.



Soldiers from the 78th Signal Battalion compete in a tug of war at the Unit Mission Team's Resilience PT event at the gym on Torii Station, Dec. 6.



Soldiers compete in a game of dodgeball at the Unit Mission Team's Resilience PT event.

"It was a rare opportunity to have this many personnel come together and interact with the other companies," said Spc. Hughes. "The competitive part of the PT made it easier for many people to really get involved, and motivated."

The competitions consisted of tug of war, dodgeball, and 3v3 basketball. While having fun and being physically active were a large part of the event, the competitions were designed to reinforce habits of resilience through communication, teamwork, and optimism throughout times of both victory, and loss. The NEC-O teams won the tug of war and basketball events, while DSCS found victory in the dodgeball event.

When Soldiers were not engaged in head-to-head athletic competitions, Chaplain Harris brought them together for a lesson

about spiritual resilience. Using a broken cookie as a metaphor, he explained the importance of how resilience and optimism can change the way people perceive their situation during times of struggle.

Resilience has become a highly sought after skill in the modern warfighter, and the remote duty location of Okinawa serves as a great opportunity for Soldiers to apply these lessons. With the 78th Signal Battalion Soldiers spread across three the separate landmasses of Honshu, Okinawa and Guam, bringing Soldiers together for a morning of fun competition can help change their perception to see it as more than a job. It can also be a family.

78th Strategic Signal Battalion (Cont.)



Kin No Ashika



Soldiers and families with 78th Signal Battalion participate in an ugly sweater contest.

OKINAWA, Japan – Maj. Jason Haggard, executive officer, 78th Signal Battalion kicked off the unit's holiday party with opening remarks followed by an ugly sweater contest, a pie eating contest, dinner, and a visit from Santa at Havana's on Torii Station, Dec.19. The event was intended to promote comradery and esprit de corps amongst Soldiers, their families and local national partners.

Sgts. John Boudousquie, Phillip Dyer, James Harbin and his son, 1st Sgt. Jose Mendoza, and Mr. Scott Hyde competed for the title of ugliest sweater. The crowd selected their favorite ugly sweater with their applause as the competitors flaunted their hideous sweater at the front of the dance floor encouraging fellow holiday makers to vote for them.

After rounds of eliminations, the choice was between Sgt. James Harbin accompanied by his son who were both wearing sweaters with mirrors affixed to their chest and Mr. Scott Hyde who was wearing a sweater that made him appear as though he were a tattooed, portly Santa Claus bursting out of his crimson coat. Ultimately Sgt. Harbin's son wooed the crowd and the pair were selected as the winners, receiving a small basket of sundries.

Maj. Jason Haggard, Capt. Trevor Smith, commander, United States Army Signal Activity (Defense Satellite Communication Systems), and Capt. Taumaloto To'o, commander, United States Army Network Enterprise Center — Okinawa, competed in a pie eating contest. The prize of eating the most pie was a half day off for their Soldiers. To add a twist, the contestants were not allowed to use their hands to eat the pie during the contest. They each were forced to dive in face first in order to make any headway on their pies. An impressive amount was consumed by all parties, but ultimately Maj. Haggard came out on top. The Headquarters and Headquarters Detachment — South was awarded with a half day off for Maj. Haggard's ravenous efforts.



Soldiers prepare for the pie eating contest.

Santa Claus made a guest appearance after the competitions to the delight of the children present at the event. He presented himself to the audience and was met with great applause. Santa held a roving meet and greet amongst the dance floor and dining areas as the crowd mingled and celebrated. He later offered one on one photos with the children in a small festive scene.

The event was a resounding success thanks to the efforts of Sgts. Jatarica Mims and Jessica Kelley, and Maj. Jason Haggard. Maj. Haggard's vision for an event that would ignite comradery in the unit and strengthen the bonds the Soldiers of the 78th Signal Battalion share with our local national partners was met and surpassed this year at the holiday social.

247th Military Police Detachment

Greetings from the best Military Police Detachment in the Pacific!!!



Earlier this November, the 247th Military Police Detachment was awarded the U.S. Army Command Sgt. Maj. Mark L. Farley Award for being the best Military Police detachment (smaller then a company) in the entire Pacific. This is a huge achievement as the 247th beat out all other units, smaller than a company, located in Japan, Alaska, Korea, Hawaii, and Guam. The Samurai Sheriffs now await the results of the Major Gen. Bandhotlz's Award which will determine the best Military Police units in the entire Army.



Sgt. Murray calls in a 9-line MEDVAC request.

247th conducts its Change of Command between Capts. Sperry and Valencia.

mand ceremony, Nov. 14, between the outgoing commander, Capt. David R. Sperry and the incoming commander, Capt. Carlos J. Valencia. We all wish Capt. Sperry and his family the best of luck as he departs to be an Assistant Professor of Military Science at the Virginia Military Institute.

Lastly, the month of December has been very busy for the Samurai Sheriffs as we conducted our quarterly training

The 247th con-

change of com-

ducted a

for 1st Quarter FY20. During the first two weeks of the month, the Soldiers of the 247th have been training on Warrior Tasks and Battle Drills, refreshing their basic soldiering skills. Training consisted of land navigation, small unit tactics, convoy operations, radio procedures, weapons familiarization, and advanced Law Enforcement marksmanship.

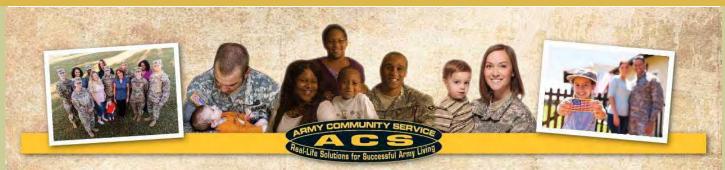


Sgt. Murray advances towards and engages a target.

Provost Marshal's Office: Over the last quarter the Provost Marshal's Office has seen a minor increase in morning after DUIs and expiring vehicle registration and insurance throughout Okinawa:

- -Following a night of drinking, allow enough time to pass so your BAC (Blood Alcohol Content) drops below the legal limit (.03) before driving the next morning. If you are unsure, do not drive.
- -Know when your JCI (Japanese Compulsory Insurance) and PDI (Property Damage Insurance) expire! JCI is good for two years and PDI is good for one year. If caught, your SOFA license may be suspended and car impounded.





DSN: 644-HELP (4357)

Building 236

Hours 7:30 a.m. - 4:30 p.m.

AER After Hours (Red Cross): 877-272-7337

24/7 Victim Advocate Hotline 090-6861-8042

Civilian Personnel Direct Hire Programs and Resume Review

Tuesday, Jan 21 @ 2:00 p.m.

Creating your First Federal Resume

Tuesday, Jan 21 @ 3:00 p.m. Bldg. 236, Room 226, DFMWR Conf. Room **USAJOBS**

This is a new bi-monthly class sharing direct hire opportunities for Spouses for Federal Employment in Okinawa. We will teleconference directly with Camp Zama CPAC who will share how the program works and how to submit your resume for positions. If you are looking for employment then you do not want to miss this new class! Pre-registration is requested.



Family Advocacy Program Prevention and Education Calendar

In partnership with the Kadena Family Advocacy Clinic. To register please call 634-0433.



Keep Calm & Move On

2, 9, 16, 23 Jan @ 11:00 a.m. — 1:00 p.m. KBHC Bldg. 90 Stress & Anger Management class designed to teach skills to assist with managing stress and frustration.

Skills, Strengths, Techniques and Resources

30 Jan @ 8:00 a.m. – 12:00 p.m. KBHC Bldg. 90 Provide opportunity to learn techniques for self-regulation, to identify personal strengths, to strengthen motivation to change.

2020 Japan-U.S. Sports Exchange

Okinawa Defense Bureau will host a Sports Exchange on Torii Station to promote mutual understanding between U.S. and Japanese students from Yomitan by playing sports together. Parents and children are needed to make this event successful!







Date: 22 February 2020

Time: 0830-1315

Where: Torii Station Gym

Who: Japan and U.S. Students age 8-13 and Parents (as many as 100 from EACH side)

What: Play Throwing Balls, Tug-of-War, and Three-legged race

Okinawa Defense Bureau will provide lunch

Tentative Schedule

Time			Duration	Event
9:00	~	10:00	1:00	Registration (Participants will check which team they are in)
10:00	~	10:15	0:15	Opening ceremony
10:15	~	10:20	0:05	Self-Introduction and communication (within teams)
10:20	~	10:30	0:10	Warm-up · preparation
10:30	~	12:00	1:30	Play Sports (throwing balls in the basket · five-colored tug-of-war · three-legged race)
12:00	~	12:15	0:15	Review time
12:15	~	13:00	0:45	Lunch (time for performances)
13:00	~	13:05	0:05	Closing ceremony
13:05	~	13:15	0:10	Photo session
13:15				Dismiss

To attend please RSVP before January 29 with 10th Support Group's Community Relation Specialist, Mrs. Midori Takahashi, at DSN: 644-5478 or email: midori.takahashi.ln@mail.mil.

TORTIGM NEW YEAR NEW YOUE

Let us help you w/your new year resolution goals! **Meet our new Personal Trainers**

Nick has a passion for fitness and holds a decree in sports medicine and fitness technology.





Naomi is a certified personal trainer who likes bodybuilding and helps others to reach their fitness goals.

13 JAN - 21 F.B Six weeks (16 total sessions)

Mon/Wed/Fri 16:30-17:30 \$240



Brazilian Jiu-J

Learn self-defense, gain confidence and discipline, get fit, challenge yourself, and have fun

> Fundamentals Program Instructor - Nic Cartwright

Adults: Tuesdays & Fridays 19:00 - 20:00 \$80 / month



Kids: 10 years & older Tuesdays & Fridays 17:30 - 18:30 \$60 / month



Highland Dance Classes

Every Tue & Wed, 7 Jan - 25 March

Tuesdays (Jan 7th - March 24th):

17:15-17:45 Tarban Tobs (4-6 yrs) \$185

18:00-19:00 Youth Progressing Beginners (7-17 yrs) \$295

Wednesdays (Jan 8th - March 25th):

17:00-18:00 Adult Beginners (18 and over) \$295

18:15-19:15 Youth Beginners (7-17 yrs) \$295

*Tuibion rabes can be paid in 2 installments. For new students, the last date for enrollment is Jan 29.

Instruction: Lauren Garst is a certified beacher of Highland Dance with the British Association of Teachers of Dancing.

Lauren Garsb ab 080-9852-1929 or ghilliesandgracenobes @gmail.com



Private lessons availab Please inquire about rat & availability



Massage Therap

Service Available at Torii Fitness Center

- Deep Tissue Massage
- Shiatsu
 - 60min \$50
 - 90min \$80
 - 120min \$100

Appointments available 7 days a week Weekdays: 10:00 - 20:30 Weekends: 10:00 - 17:30

For more info contact Torii Fitness Center at 644-4334/098-962-4334.

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