

# U.S. ARMY ON OKINAWA

### **Quarterly Newsletter**

January - March 2019





#### **Inside this issue:**



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### 10th Support Group



Commander, 10th Support Group Colonel Theodore O. White

#### Teammates,



As summer on Okinawa quickly approaches, our operational pace will remain high. We will continue to provide mission command and support for Army units, our sister services and allied partners participating in regional, joint, combined and bilateral exercises in the coming months.

We will remain busy throughout the year, but remember, no matter how eventful things may get, it is important to take time to relax, recharge and enjoy the wonderful weather, sights and sounds of Okinawa with your loved ones, family and friends. Venture into the community, build lasting relationships; foster friendships, trust and respect with local communities. As neighbors and allies, our similarities vastly outnumber our differences.

The Command team would like to thank you and your families for all of the hard work and countless contributions you made to the mission during the first quarter of this year. Ichi Dan!

チームの皆様、

皆様の変わらぬ尽力と功績に感銘を受けています。米陸軍は太平洋において主要な役 割を担っています。召集があれば、常に即応できる体制を整えておいて下さい。在沖 米陸軍の部隊は念入りな計画の下二国間演習に参加し、地域における訓練を実行し、 在沖陸軍兵士とその家族の士気を高め、生活環境を向上のために努力を重ね、在日米 陸軍の目標達成に貢献できる事を実証しました。



Command Sgt. Maj., 10th Support Group Command Sgt. Maj. Kenneth Law 沖縄にはもうすぐ夏がやってきますが、我々の作戦のペースは速いままです。今後数 か月間、域内演習、合同演習、総合演習、及び二国間演習に参加する陸軍部隊、関連 部隊及び同盟国のパートナーに対して任務指揮及び支援を続けます。

我々は一年を通して多忙ですが、どのような状況にあっても、あなたの大切な家族や 友人と共にリラックスする時間を持ち、沖縄の素晴らしい気候、光景、そして音楽を 楽しむことの重要性をを忘れないでください。是非あなたの住むコミュニティに出 て、地域の人々と友情を育み、信頼と尊敬に基づいた関係を築いてください。隣人と して、同盟国のパートナーとして、私たちには相違点よりもはるかに数多くの類似点 があります。

第10支援群司令部は第1四半期中の皆様とご家族の皆様の勤勉な努力と数多くの貢献 に感謝します。一団!



### 10th Support Group in photos





Col. White addresses his guests at the New Year Reception, Jan. 12, at the Rocker Enlisted club.



MLCs and a Soldier work together to move containers onto a LCU boat, Jan. 15.



Incoming 1st Sgt., Master Sgt. Sims passes the guidon to a Soldier, during a CoR ceremony, Jan. 16, on Torii Beach.



Senior Enlisted leaders from the U.S. and Japan militaries pose for a photo, Jan. 18, at Camp Naha.



LCU 2010 and its crew prepare to support Marines, Jan 25.



Soldiers participate in a Mk 19 grenade launcher range on Camp Schwab, Jan. 28.

# 10th Support Group (cont.)



Soldiers train at the ARM range, Feb. 7, on Camp Hansen.



15th BDE PAOs visit Torii Station for Bilateral training, Feb. 13.



A Soldier prepares to fire the M2 .50 Cal. weapon, Feb. 20.



Soldiers pose for a photo on a staff ride, Feb. 21.



Soldiers speak with JGSDF Officer Candidates, Feb. 28.



A panel of leaders listen to housing concerns at a town hall meeting , Feb. 28.

### 10th Support Group in photos (cont.)



Soldiers train in austere conditions, March 8, on Camp Hansen.



The Command Team engages with a Malaysian Soldier at Exercise Keris Strike, March 11.



Local nationals and Soldiers participate in the English conversation program, March 13, near Torii Station.



Crew of LCU 2010 transports U.S. Forces and equipment to USNS Pililaau, March 18.



A Soldier exits a simulated rollover vehicle, March 21.



Soldiers stand ready to receive awards for outstanding performance, March 28, on Torii Station.

### 10th Support Group Ammunition Depot





10th Support Group Ammunition Depot Director Lt. Col. Greg R. Thayer

The Ammunition Depot, 10th Support Group (SG), provided Class V and supported operations of the strategic prepositioned ammunition activities in USINDOPACOM. This quarter, the storage branch was able to process shipments of call forward ammunition with the movement of over 162 pallets from Hiro Port to Akizuki Depot. Also this quarter, the Demili-



tarize (DEMIL) branch conducted over 20 short tons (STON) worth of DEMIL items along with safely burning propellant charges. The Ammunition Depot spearheaded the Watercraft Movement and transfer of two Palletized Load System (PLS) vehicles from Honshu to Okinawa by Landing Craft Utility (LCU) in support of FY19 Retrograde Operations.

Lt. Col. Greg Thayer, depot director, briefs a mission overview to Maj. Gen. Luong, Commanding General, USARJ.

The Ammunition Depot staff hosted a visit from Maj. General Viet Xuan Luong, Commanding General, U.S. Army-Japan (USARJ). Maj. Gen. Luong toured Akizuki

Depot, Hiro Port and Kawakami Depot and saw the different types of storage facilities, to include a Cave, Earth Covered Magazine (ECM) and Above Ground Magazine (AGM). He

also viewed demilitarization operations at the Army Peculiar Equipment (APE) 1236M2 furnace at Kawakami Depot.



10th Support Group Ammunition NCOIC Sgt. 1st. Class Tara D. Helmick

The Ammunition Depot Okinawa completed the U.S. Army Corps of Engineers' (USACE) assessment of the facilities in the Munitions Storage (MUNS) area. The outcome from the USACE FY19 deficiency condition assessment of 60 magazines, two operating buildings and 10 open storage cells will be analyzed and developed into a Project Programming report which identifies primary deficiencies,



Maj. Gen. Luong (left), Commanding General, USARJ, inspects ammunition in an earth covered magazine at Kawakami Ammunition Depot.

recommendations of repair and replacement, summary of findings, and Rough Order Magnitude (ROM) costs for repair and replacement. The assessment directly supports USARJ's setting the Theater Line of Effort (LOE). The Ammunition Depot Okinawa, containerized and loaded nine containers in support of Exercise Cobra Gold 19. A total of \$585,172 of Class V supplies for Cobra Gold and Balikatan 19 were loading onto a LCU vessel headed to Subic Bay Port.

### U.S. Army Garrison-Okinawa



Army's Home on Okinawa



Commander, U.S. Army Garrison Okinawa Lt. Col. Zachary Hohn



Command Sgt. Maj., U.S. Army Garrison Okinawa Command Sgt. Maj. Dennis N. Dodge

Army Team on Okinawa: It's been a cool and rainy winter on Okinawa but spring is here and that means an increase in outdoor activities on this beautiful island. We've had many Soldiers and Civilians PCS during the last few months and I'd like to welcome all the new arrivals to the U.S. Army Garrison Okinawa community. We remain committed to ensuring a smooth transition for all Soldiers and Family members who are either joining or departing from this Island Paradise. Additionally, we have several updates concerning buildings and projects on Torii Station.

The newly renovated R3 (Relax, Renew, Retreat) Torii Gym steam room and sauna is finally open and it was worth the wait. Please take advantage of this brand new state-of-the-art facility. The Torii Gym is offering a variety of exciting programs, including Brazilian Jiu-Jitsu, personal trainers, and much more. The Arts & Crafts Center continues to undergo refurbishment and is scheduled to re-open in late summer 2019. The temporary location of the Arts & Crafts Center, which continues to offer classes, is in the Community Activity Center bldg. 207 near the Chapel. They will soon be offering new classes in stained glass, sea glass and more.

As we approach the sultry days of spring and summer, take advantage of our beautiful beach at Torii Station. It's a great place to relax after work and on the weekends. Starting in mid-May, the beach office hours are 0800-1800. CJ's Sunset Grill will be opening for the 2019 Season on April 26 and the hours of operation are as follows: April, May, & September: Friday, Saturday, Sunday and holidays from 1130 to 1800. June, July & August: Friday, Saturday, Sunday, & holidays from 1130 to 1830. CJ's is now offering kids meals priced at \$4.95 so there really is something for everyone. Unfortunately due to a lifeguard staffing issue, we do not have an opening date for Torii Pool. It probably will not open at the end of April as previously planned but remains open all year round for training, scuba certification, and more. Looking ahead to the summer, there is Torii Open Beach Days event (open post) slated to celebrate Independence Day on July 4. Be sure to follow MWR on Facebook at <u>www.facebook.com/toriimwrokinawa</u>, visit their website at <u>https:// torii.armymwr.com</u> or contact MWR 644-4495 or 098-961-4995 for more information.

Finally, the Garrison Team stands ready to support the Army Units, individual Soldiers, and Family members here on Okinawa as we face the challenges ahead. Continue to look out for your friends and colleagues, and remember the Garrison motto - **It Takes a Team**!



Armv's Home on Okinawa



U.S. Army Garrison (USAG) Okinawa Commander, Lt. Col. Zachary Hohn, hosted a change of responsibility ceremony Jan. 11 at Havana's Club on Torii Station where Sgt. Maj. John D. Tanchak relinquished responsibility to Command Sgt. Maj. Dennis N. Dodge.

Command Sgt. Maj. Tanchak was the person behind the scenes who made sure we as a garrison remained focused on the real issues," said Hohn. "Thank you for your leadership. Thank you for your candor and thank you for your friendship."

Outgoing Command Sgt. Maj. John D. Tanchak relinquishes the colors to USAG Okinawa Garrison Commander Lt. Col. Zachary B.

Hohn at the change of responsibility ceremony at Havana's Jan. 11. Sgt. Maj. Doug Tanchak spent the last 30 months as the Command Sergeant Major for USAG Okinawa. He and his family

are headed to South Carolina where he will be the Command Sergeant Major of the Chaplain School at Fort Jackson. Tanchak practiced his Japanese and thanked the

local ward chiefs as well as the officers, enlisted Soldiers and civilians who influenced him during his time at Torii Station.

He also had some special words for the garrison commander. "Lt. Col. Hohn, my battle buddy, there is nobody else I can picture here as the actual garrison commander. He cares for this place, he loves this place, he is understanding, trustworthy. He is a true commander. He is always looking out for everybody within the actual garrison."

Command Sgt. Maj. Dennis N. Dodge enlisted in the Army in 1997 as a finance specialist. Dodge comes to Okinawa from Ft. Jackson, South Carolina and is accompanied by his wife Hee Jung as well as his two sons Andrew and Joshua.



Incoming Command Sgt. Maj. Dennis N. Dodge receives the colors from USAG Okinawa Garrison Commander Lt. Col. Zachary B. Hohn and assumes command at the change of responsibility ceremony at Havana's Jan. 11.

"Today is undoubtedly one of the proudest moments of my career," said Dodge. "Second maybe only to the day I pinned on my sergeant stripes, and looking back to that day I could not have dared to imagine that someday I would be a Command Sergeant Major, much less the distinction of this assignment."



Army's Home on Okinawa

U.S. Marine Corps and Army officials on Okinawa hosted Prefectural Governor Denny Tamaki for his first official visits to U.S. military installations since being elected governor. After visiting Camp Kinser, the governor arrived at Torii Station and met with Lt. Col. Zachary B. Hohn, commander, USAG Okinawa and Lt. Col. Kelvin V. Simmons, executive officer, 10th Support Group. During a short tour, Hohn discussed the new construction plans for Torii Station and escorted Governor Tamaki to the excavation location where ancient ruins were recently discovered. The care of this site is a tangible example of our respect for the history and traditions of our Okinawan host and commitment to be good neighbors.

Lt. Col. Zachary B. Hohn (right) shows Okinawa Governor Denny Tamaki (center) a map of the ancient ruins excavation site during his visit to Torii Station, Jan. 31.



Lt. Col. Zachary B. Hohn (right) and Okinawa Governor Denny Tamaki (2nd from left) observe the recently discovered ancient ruins excavation site on Torii Station.



Army's Home on Okinawa

SHUGO SENSHI is USAG Okinawa Torii Station's 2019 Emergency Management training exercise, intended to maintain readiness and prepare first responders as well as staff units for a real world disaster.

The three day training event included a mass care scenario, flexing emergency services, Moral, Welfare and Recreation (MWR) personnel and facilities, veterinarian care, the American Red Cross and many other garrison support offices.

"This has been a very beneficial training exercise and will help us better provide essential services to the Army community in the event of a disaster. We had a very active typhoon season last year which affected many Families. This is just one step to improve our Mass Care capabilities. From an evaluation standpoint, we had a very respectable performance throughout all phases of this 3-day evolution," said Rich Marsh, USAG Okinawa, Directorate of Plans, Training, Mobilization, and Security (DPTMS).





Army's Home on Okinawa

The Installation Management Command (IMCOM) realigned as a Major Subordinate Command under the Army Materiel Command (AMC), March 1, in an effort to enhance readiness across Army installations.

Lt. Col. Zachary B. Hohn, commander, USAG Okinawa Garrison and Command Sgt. Maj. Dennis N. Dodge commemorated the event March 8 by replacing the IMCOM insignia patch with the official AMC insignia patch.

Lt. Col. Zachary B. Hohn, commander, USAG Okinawa Garrison and Command Sgt. Maj. Dennis N. Dodge remove the IMCOM patch during a realignment ceremony, March 8, at US-AG Okinawa headquarters.



Lt. Col. Zachary B. Hohn , commander, USAG Okinawa Garrison and Command Sgt. Maj. Dennis N. Dodge display the AMC patch during a realignment ceremony, March 8, at US-AG Okinawa headquarters.







With more than 30 participants, the 2019 Torii Station Highland Games was a smashing success. There were six traditional Highland strength events; weight for distance, weight over bar, hammer throw, open stone, braemar stone and caber toss. It was an awesome show of spirit, friendly competition and comradery. Thank you and congratulations to all the participants.







The newly renovated R3 (Relax, Renew, Retreat) Torii Gym steam room and sauna is finally open and it was worth the wait. Please take advantage of this brand new state-of-the-art facility.

### **Better Opportunities for Single Soldiers**

#### **Upcoming BOSS Events**

See your unit BOSS Rep for information on any of the below events or contact Casey Grimmer, the MWR BOSS Advisor, at the Torii Library: 644-4468 / casey.j.grimmer.naf@mail.mil.

#### **Community Service Programs**

Yomitan Pre-School Reading 4th Thursdays of each month: 0945 – 1100 Sobe Senior Citizens Home Visit 2nd Wednesdays of each month: 1300 – 1400 Month of the Military Child—Super Hero Games With Children—Torii Station Library April 6, 2019 Pinewood Derby Volunteers May 10-11, 2019

#### **Recreation Programs**

Single Soldier Retreat—Le island—Chap. Harris April 25, 2019

#### **Life Skills Programs**

Surfing Lessons April—Sept. 2019 (20 slots available) Financial Peace University—Chap. Harris May 13-16, 2019 SCUBA: Open Water Dive Certifications April – July 2019 PADI certification for single soldiers / geo bachelors

#### **BOSS Meetings**

All welcome—1600 at the Warrior Zone—Torii Station April 8 and 22 | May 6 and 20

#### https://torii.armymwr.com/programs/boss

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US Armv

Army's Home on Okinawa

### 1st Battalion, 1st Air Defense Artillery Regiment



1<sup>st</sup> Battalion



Commander 1st Battalion, 1st Air Defense Artillery Regiment Lt. Col. Neal J. Lape

The Snake Eyes Battalion continues to rise above the rest in the INDOPACOM Theater.

The key focus for the months of February and March, was participation in the Resilient Shield Exercise. We partnered with the Air Force, Marine Corps, and the Japan Air and Ground Self-Defense Forces to train Patriot firing batteries on Air and Missile Defense (AMD) tasks and facilitate certification of 94th AAMDC ADAFCO crews with joint and bilateral partners. The primary focus was for Seventh Fleet BMD crew certification and interoperability with 94th AAMDC. This exercise was in the works for well over six months and required an immense logistical and signal effort.

Alpha and Bravo Batteries completed Table VIII certifications which solidified their primary and secondary crews on prepare for movement and emplacement to defeat aerial threats targeting defended assets in order to protect the force and preserve peace in Okinawa and throughout the Pacific.

As we look into the future and anticipate new requirements for air and missile defense, validating an expeditionary capability prove vital in the defense of Japan. All units participated in Pacific Sentry to increase Integrated Air and Missile Defense (IAMD) interoperability, and validate 94th AAMDC supporting plans in support of Pacific Air Forces (PACAF) and US Indo-Pacific Command (USINDOPACOM) plans. All units participated in the Okinawa St. Barbara's Day Ball which recognized inductees into the Honorable Order of St. Barbara, and the Honorable Order of Molly Pitcher as well as fostered Esprit de Corps throughout the unit; the event was visited by the retired Command Sergeant Major Evelyn Hollis.

The Regimental Commander, Col. (R) Joseph P. DeAntona visited 1-1 Air Defense Artillery and became an honorary member of the Snake Eyes Battalion. A ceremony was held March 1 to highlight the changeover from the 94th AAMDC patch to the 38th Air Defense Artillery Brigade patch.

As we move into the summer season, we want to extend our heartfelt thanks to all our Soldiers and Family Members for their support and hard work over the last quarter. The Snake Eyes Battalion would not be as effective or lethal without each and every one of you!

First Line of Defense, By Valor and Power, First Among Equals!



Command Sgt. Maj 1st Battalion, 1st Air Defense Artillery Regiment Command Sgt. Maj. Melissa Calvo

### 835th Transportation Battalion



Champions Moving the Pacific



Commander, 835th Transportation Battalion Lt. Col. Eldred Ramtahal

#### Konnichiha Team!!!

Yet another accelerated quarter for the Surface Warriors of the 835th Transportation Battalion as Water Terminal Operations here on Okinawa and across the Indo-Pacific begun and ended with speed this calendar year. I am extremely proud of the steadfast and strong performance Team Champion has put forth thus far! Only a few days into 2019, the Battalion received the MV CAPE HUDSON at ports in Guam and then in Okinawa to load exercise cargo onto the Strategic Sealift Vessel in support of U.S. Army Pacific's (USARPAC) Pacific Pathways exercise series.

We tailored a Terminal Management Team (TMT) (-) to discharge critical exercise cargo from the MV CAPE HUDSON in Thailand in support of Exercises Hanuman Guardian and Cobra Gold. The nine person team, tasked organized by experts in their craft, consisted of Soldiers and Army Civilian Corps employees from Okinawa and Guam and assured the safe discharge of all cargo with timeliness of delivery. Ultimately our actions underwrite responsiveness in the Indo-Asia Pacific region increasing military capability and interoperability with Thailand Forces.

Between hosting the Army on Okinawa Agora session-two, a Brigade Level Pre-Deployment Site Survey, and 599th Brigade level Staff Assisted Visit for the S4 team, the Battalion deployed another TMT (-) back to Thailand to load the completed exercise equipment onto the MV CAPE HUDSON. A few days later the Battalion received the MV HUDSON in Okinawa and discharged and loaded her again in support of Exercise Balikatan. Immediately following that operation in Okinawa, another TMT (-) was deployed, to the Republic of the Philippines, to conduct a discharge with less than 24 hours of available time at the Port.



835th Transportation Battalion Sgt. Maj. Terrell Brisentine

This quarter's success proves that the employees and Soldiers of the Champion Battalion live "Left of the Boom" when it comes to mission support, training, and administrative requirements. The plethora of activities and actions continue to show how our battalion of trusted professionals to deliver Readiness and Lethality at the speed of trust and relevance to the Warfighter.

Sgt. Maj. Brisentine and I will enjoy the final few months of our command together here in Okinawa and with the Singapore and Guam detachments employees. The people are the foundation and strength of this organization and their professionalism is unmatched. We are truly thankful to be able to serve amongst each and every employee and Soldier of the 835th Transportation Battalion.

Lt. Col. Eldred K. "Ram" Ramtahal

### 835th Transportation Battalion (Cont.)



Champions Moving the Pacific

#### Naha Military Port Dredging Project Progress

A major United States Army Corps of Engineers (USACE) project began in earnest in late 2018 at Naha Military Port (NMP). In 1989 a dredging operation at NMP took the depth to 34 feet which made NMP the only U.S. Government controlled port facility that can accommodate Strategic Sealift Vessels on Okinawa. However, silting and a lack of maintenance over the last 30 years has reduced the water depth to 24 feet rendering the port inaccessible for the critical Strategic Sealift Vessels. In late 2013, Headquarters, Department of the Army approved \$35 million to dredge the U.S. exclusive use zone, 30 meters from the edge of the NMP sea wall.

In May of 2018 the Dredging contract was awarded. Coordination between multiple stakeholders began in August and continued into the winter. Starting in November of 2018 the contractor completed the digging for the curing pits, assembled a concrete plant and emplaced office structures on site. The curing pits are for curing the removed sediment from the dredging. Over the past quarter, the Champion Battalion and the United States Army Garrison-Okinawa (USAG-O) DES coordinated to emplace the security fence (two meters high) to secure the contractors dredging area, worked with USACE and USAG-O to conduct an operational test of the gate three barrier and provided a dedicated office space for the USACE project manager.

After a magnetic survey of the dredging area, 266 abnormalities were discovered and a dive team began dive operations Feb. 21 to inspect and remove the identified anomalies. The dive operations were 55% complete as of March 14.

The contractors are projecting the dredging to be completed in July 2020 with a depth of 34 feet. Shortly after the U.S. Government dredging project is completed the Government of Japan will begin dredging the remainder of the port to 34 feet. Once complete, the NMP will be fully capable of receiving a bulk of the SSV's in the MSC's inventory.

### 835th Transportation Battalion (Cont.)



Champions Moving the Pacific

#### Pacific Pathways 2019 Terminal Management Team (TMT) support

The 835th Transportation Battalion has deployed organic and tailored TMT s (-) to Thailand and the Philippines to perform critical Water Terminal Operations for United States Army Pacific (USARPAC) resulting in the successful execution of the Pacific Pathways exercise series.

Starting in early January 2019, the Champion Battalion conducted reception and staging operations with supported units in preparation for the loading operations. The Maritime Administration (MARAD) provided the MV CAPE HUDSON for the Pacific Pathways 2019 Exercise series. The Guam detachment conducted loading operations with local customers first and then Okinawa followed suit upon MV CAPE HUDSON's arrival. One unique challenge this vessel presented was it's limited cargo loading ability at Naha Military Port due to depth restrictions.

The impact of this restriction prevented the Battalion from conducting Roll On and Roll Off (RO/RO) operations on Okinawa. After loading exercise cargo with the MV CAPE HUDSON's self-contained crane and shore based crane at White Beach, the vessel sailed to Thailand.

In mid-January, a nine person TMT (-) was dispatched to manage the successful discharge of 592 pieces of Hanuman Guardian and Cobra Gold exercise equipment in Thailand. In late February, the Battalion worked with a sister Battalion to provide two personnel to man the eight person TMT (-) for the backload of the Hanuman Guardian and Cobra Gold exercise equipment. Shortly after the TMT's return to Okinawa the MV CAPE HUDSON arrived and the Battalion discharged equipment not be involved in Balikatan and loaded cargo required for the exercise. Immediately following the completion of the upload in Okinawa in mid-March, the Battalion sent a TMT (-) to the Philippines to discharge, receive and stage 782 pieces of equipment for onward movement.

The Battalion constantly works to expeditiously provide the SDDC advantage throughout the USINDO-PACOM region to ensure successful bilateral training opportunities, readiness of units, and ultimately, power projection and readiness in the region.

### 835th Transportation Battalion in photos



Champions Moving the Pacific



835th Transportation Battalion continually works to accomplish vital missions for Japan's defense while minimizing our impacts on the local communities where we operate.

#### **U.S. ARMY ON OKINAWA**

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78th Signal Battalion

### **78th Signal Battalion**

Signal Corps Senior Career advisors from the U.S. Army Human Resources Command visited Okinawa, Japan to provide professional career insight, assistance and guidance to Signal Soldiers on Feb. 11. Advisors updated Signal Soldiers on the state of the Corps, its direction and then met with the Soldiers one on one to help them identify, refine and achieve their professional and personal goals.



Kin No Ashika



Soldiers participate in the discussion.



Soldiers listen attentively to a brief by senior advisors of the Signal Corps.

### 247th Military Police Detachment



The Army Research Institute identified the need to shift to a training regime emphasizing skill development for more dynamic shooting engagements. In response to this, MP Soldiers participated in a training exercise to sharpen skills such as smooth weapons handling, successful target transitioning and rapid weapon reloading. On Camp Hansen, March 11, Soldiers qualified on the M9 Pistol, M4 Carbine and conducted familiarization with the Mossberg 500 shotgun. Training exercises such as this help in preparing MPs for real-world engagements so they can successfully "Assist, Protect, Defend"



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### Chaplain's Corner





10th Support Group Chaplain Maj. Edward Harris

#### Perseverance

What does it mean to persevere? Many think it is the willingness to hold on and keep fighting the good fight. According to Webster's dictionary, perseverance is defined as, "steadfastness in doing something despite difficulty or delay in achieving success." However, the word has much more to offer than its simple definition might suggest. Just for a minute let us play a game to understand exactly what it means to persevere. In a word game one looks at the definition from multiple platforms.

In our quest to understand what it means to persevere, one must not look at the mere linguistic dimensions. First, there is the obvious context that the word takes on an intellectual basis. The next areas of inquiry though will be much more difficult to explain. There are stories to be told which give validity to the resilience of persevering. There are also stories of failure where individuals were ill prepared or lost the spirit to persevere.

The word has an emotional connection to a person's soul which is unique to each story and gives it a positive or negative sentiment through emotional connection.

**The Tortoise and the Hare:** In my previous series of articles, I wrote about the Tortoise and the Hare. Do both have a story of perseverance to be told? Do each character's experiences or lack of experiences play a role in the outcome? When one finds victory like in the story of the tortoise who overcomes bias, ability and belief to find victory it is easy to feel confidence, cherish the struggles and believe that his hard work paid off. He buys into the concept of perseverance. There are many questions that the story does not tell us though such as, how long is the race? What type of race was the Tortoise running? Can we attribute the ability to perseverand overcome to the Tortoise's story? In truth who knows. What needs to be said though is that the tortoise could, through personal perception of his/her experience, attribute perseverance to overcoming many types of obstacles and in the end he/she won.

**Understanding the story:** The word persevere may start for the hare after the race. The term persevere may mean accepting personal responsibility for

### Chaplain's Corner (cont.)



his/her behavior and looking to the self-deception within. Maybe when the Tortoise uses the word to persevere the hare develops a negative taste to the term as he/she is seen as the obstacle to have been overcome. In the Hare's story, maybe gaining an understanding of emotional intelligence and personal resilience are key. Though the Hare is blessed with natural abilities, in the race these abilities alone were not enough to win the race. The hare has a character choice in looking to persevere.

There are real emotions and a story by which each of us can connect. There have been times in my life where I have been the Tortoise and there are times in my life where I have been the Hare. I have endured hardships and have stories to tell of how, through perseverance, I was able to overcome. The concern comes when in order to persevere in our story we find a villain such as the Hare. When many times in our life, like the Hare, we can be our own worst enemy. The Tortoise's story should highlight what is great and should reflect our struggle to be successful.

**The emotional response:** Tied to any word is an emotional value. This is especially the case for the word perseverance. Now that the context of the story has been brought to light, it becomes imperative to realize that with every story one hears there is an opportunity to share emotions and connect. As a result, depending on the version of the story or maybe the over use of the story, it can cause one to have a negative emotional connection to the story. Picture, if you will, the Hare telling the story as to how the Tortoise took advantage of him/her. How the odds were really against the Hare from the start. How the Tortoise tricked the Hare into being overconfident, and upon finishing the race intentionally degraded the Hare by stating his/her perseverance to beat the Hare is what won the race. The Hare might even personally reason, that the only reason the Tortoise won is he/she focus on the race and allowed him/herself to be distracted. He/she is just a poor Hare from a poor family, and the Tortoise using perseverance took advantage of him/her to build the Tortoise's fame. Our feelings for the Hare will influence our willingness to hear the story and even determine our overall value of the term perseverance. What are your thoughts on the term?

On the spectrum of time, beginning, middle and end, people feel differently as one experiences perseverance. In the beginning of the race there is the anxiety and the questions of whether or not they can succeed or even have the chance to win. Self confidence in beginnings along with anxiousness, stresses some. In the middle of the race an individual's mind can go negative, the internal monologue may sound something like, "you aren't going to win, slow down, why don't you walk, this is not for you, why don't you just quit" and many more. Moreover, there are the obstacles in the moment, weather, temperature, and pathway among others. Finally as one closes in on the finish there is potential exhilaration of overcoming and meeting the challenge. Did you meet the objective? All of this incudes emotion which can hinder, advance, or create an imbalance in the ability to persevere.

### 10th Support Group Safety

#### **ELECTRICAL HAZARDS POWER STRIPS**

Electrical hazards have caused electrical shocks, electrocutions (fatalities), equipment damage and fires,

#### **Contributing Factors**

- Uncertified electrical power strips
- Overloaded electrical power strips
- Combustible items near electrical power strips and receptacles
- Power strips located outside, exposed to the weather elements
- Electrical cord damaged/spliced

#### **Corrective Measures**

- Use power strips certified by Underwriters Laboratory (UL) for 110 volt equipment and CE mark (European Consumer Safety) for 220 Volt
- Refrain from overloading electrical power strips and never place combustible items near electrical equipment
- Interior power strips will only be used inside buildings and tents
- Ensure power strips are not placed in high traffic areas and are kept away from damp, wet areas

#### **Inspections and Controls**

- Safety, Fire, and Force Protection inspections of living and working areas
- Commanders, leaders should conduct walk-through spot inspections
- Leaders ensure Soldiers are properly trained to recognize electrical hazards
- Soldiers enforce corrective measures to prevent electrical hazards

Point of Contact: Safety Officer or NCO \_\_\_\_\_ David Wilson

#### SAFETY IS AS SAFETY DOES!









### 10th Support Group Safety





### 10th Support Group Ready & Resilient Program

# We care about what you think

We want to develop a deeper understanding of issues that relate to your thoughts on quality of life, health, safety, and readiness at your Army installation.

Please take the

Community Strengths & Themes Assessment (CSTA) and change your community.



Be sure to select USARPAC and US Army Japan - Okinawa

Available to Soldiers, Family Members, DoD Civilians, and Retirees
Voluntary, confidential and password protected



#### https://usaphcapps.amedd.army.mil/Survey/se.ashx?s=251137452E7FC2CD

Approved for public release, distribution unlimited CT-199-0518

Contact Ms. Laurie Lewis, 10th Support Group Ready and Resilient Program Specialist, with any questions at DSN 315-644-5662 or email at laurie.h.lewis.civ@mail.mil.

# **SHARP** Sexual Harassment/Assault Response and Prevention







# ATH ANNUAL JOINT SERVICE SAPPA FIELD FIELD APRIL 26, 8 A.M.-NOON GUNNERS FITNESS CENTER FIELD

### AIR FORCE | ARMY | MARINE CORPS | NAVY

IN HONOR OF SEXUAL ASSAULT AWARENESS AND PREVENTION MONTH, COME OUT AND SUPPORT ALL FOUR SERVICES AS THEY COMPETE TO RAISE AWARENESS FOR SEXUAL ASSAULT PREVENTION.

mccsokinawa.com/sapr

MARINE CORPS



### **Upcoming Events**



### Upcoming events

Visit https://www.facebook.com/10thSupportGroup to see upcoming off-base events

# **Volunteers Needed**

What: English Conversation Program

#### When: Every 2nd and 4th Wednesdays @ 0730

### Where: 904-0314 Yomitan-son 639-1 Furugen, Aeon Yomitan Shopping Center

### Why: To Build Positive Relationships With Host Community

<u>Contact the 10th Support Group's Public Affairs</u> Office for More Information at DSN: 644-5478

### **Upcoming events**





Friday, June 7th, 2019 at the Rocker Enlisted Club located on Kadena AB. Cocktail hour begins at 1700hrs. POCs for tickets are CW3 Dervil at jean.a.dervil.mil@mail.mil and MSG(P) Grant at <u>tennyson.d.grant.mil@mail.mil</u> DSN: 644-5619/5130. Tickets go on SALE April 1st, 2019.

"The Army on Okinawa.....many commands, one mission"