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MEDPROS

FORCE HEALTH PROTECTION

How Soldiers Access the Periodic Health Assessment (PHA) in AKO

Medical Operational Data Systems

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Welcome, Gary Mckay
[My Account](#) | [Create a Site](#) | [Help](#) | [Logout](#)



Tuesday, 11 December 2007

AKO News Army Wide Announcements Early Bird News Safety News

- At Least 9 Killed In Baghdad Attacks
- Mortar Shells Kill 7 Iraqi Inmates
- Ex-Pentagon Aide Says U.S. Abandoned Quick Iraq Transition
- Security Pact On Iraq Would Set U.S. Exit

[Visit the Early Bird News Site](#)
[Visit the AKO News Center for more news](#)

MY WEATHER

[View personalized weather](#)

NEW NOTIFICATIONS

[View all notifications \(0 new\)](#)

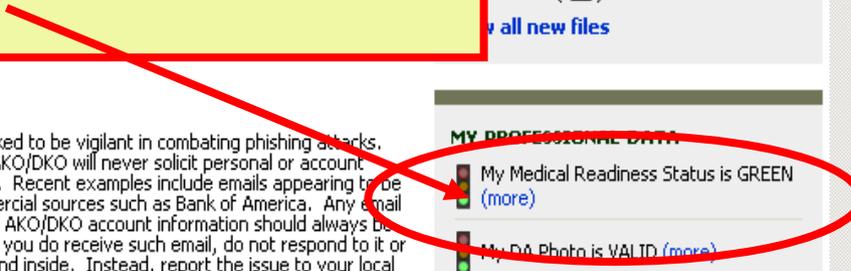
IN MY FILES

[PI THREAT AND IMPACTS, GE...](#) (Folder)

[PI PAO](#) (Folder)

[View all new files](#)

On your AKO Homepage--Click on blue link "(more)" under My Medical Readiness Status—or—click on the "Self Service" tab on the tool bar and click on "My Medical Readiness"



MY PROFESSIONAL DATA

- My Medical Readiness Status is GREEN (more)
- My DA Photo is VALID (more)

View the status of your family members: [My DEERS](#)

View your training status: [My Training](#)

View your Leader Development Portfolio: [LDP Page](#)

My Forms Status

APD is pleased to announce we have completed the Army-wide enhancements to the My Forms Portal, which will increase performance and capacity. The My Forms Portal is now available for all Army personnel. If you encounter any problems, or need assistance using the new system, please feel free to contact the APD Help Desk at 703.428.0545 or APDFCMP@hqda.army.mil. Thank for your patience during the system expansion

BEWARE of PHISHING!

All AKO/DKO users are asked to be vigilant in combating phishing attacks. Users are reminded that AKO/DKO will never solicit personal or account information by mass email. Recent examples include emails appearing to be from AKO and from commercial sources such as Bank of America. Any email asking you for personal or AKO/DKO account information should always be treated as fraudulent. If you do receive such email, do not respond to it or click any included links found inside. Instead, report the issue to your local IMO and report it to AKO by sending an email to report.abuse@us.army.mil. More information about how to protect yourself from phishing can be found by reading the document "[What is Phishing?](#)".

Key Links

- [myPay at Self Service > My Finance](#)
- [Digital Training Management System \(DTMS\)](#)



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Click on blue link "Periodic Health Assessment"

Periodic Health Assessments >>>



Soldiers can now complete their portion of the Periodic Health Assessment (PHA) online before their appointment with the medical provider. Complete your portion of the PHA, then schedule an appointment with your medical provider or MTF to complete the PHA process. Direct all questions regarding scheduling provider appointments to your Chain of Command.

Click here ([Periodic Health Assessment](#)) to begin your assessment.

For additional information about completing the PHA, [click here](#).

Deployment Health Assessments >>>



Soldiers deploying or redeploying from theater can now complete their portion of the Pre, Post or Post Deployment Health Reassessment online before their scheduled deployment processing at which time a medical provider will complete the assessment with the Soldier. Do not complete online unless instructed to do so by your Chain of Command. Click here ([Deployment Health Assessments](#)) to begin your assessment.

Post Deployment Health Re-Assessment (PDHRA) >>>



My Medical Readiness >>>

(GREEN): Medical Readiness Status

RED: Unit FMR
 The overall Fully Medically Ready (FMR) Percentage for W8BDAA (W8BD UTARNG ELEMENT, JF HQ) is 18.52%.
[View Detailed Information](#)

GREEN: Post Deployment Health Reassessment
 According to the Medical Protection System (MEDPROS), your Post Deployment Health Reassessment (PDHRA) was completed on 7/10/2006.
[View Detailed Information](#)

GREEN: Medical Non-Deployable Profile
 According to the Medical Protection System (MEDPROS), you are being reported as not having a Medical Non-Deployable Profile. If this information is incorrect, please contact your unit MEDPROS Data Entry Clerk to have your status updated.
[View Detailed Information](#)

GREEN: DNA
 According to the Medical Protection System (MEDPROS), you have a DNA on file. No further action is required.
[View Detailed Information](#)

GREEN: Dental Readiness
 Your next Annual Dental Exam is due 4/22/2008.

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File Edit View Favorites Tools Help

Back Forward Stop Refresh Home Search Favorites

Address https://apps.mods.army.mil/PHA/Secured/WF_Welcome.aspx Go Links >>

MEDPROS Periodic Health Assessment

Status: Member. To start your PHA, select PHA Questionnaire, then select Retrieve Member Record.
This form will take approximately 10 minutes to complete all required fields. All required fields must be completed, a partially completed form will not be saved.
Regarding 'Comment' fields: comment fields are limited to 200 characters for Members. Please be as brief as possible when explaining your positive answers.

PHA Home	PHA Questionnaire	Contact Us	Help	Logout
	Retrieve Member Record			

Move cursor over "PHA Questionnaire" and click on "Retrieve Member Record"

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Your page opens to Demographic—fill out any applicable information on all tabs through Family History by clicking on that tab or “Next Tab”

File Edit View Favorites Tools Help

Address <https://apps.mods.army.mil/PH>

MEDPROS Periodic Health Assessment

Status: PHA Module Administrators
Note to PHA Module Administrators:

PHA Home PHA

Save

Print Form

PHA Printing Instruction:
You must save the form before you print.
Adobe Acrobat Reader 8.0 or higher is required to view and print the form.
You can download the latest version of the Reader [now](#).

Demographic Information

Allergies

Overall Health

Preventive Health

Behavioral Health

Family History

Medication

Evaluation

Framingham

Additional Data

Notify Unit If Demographic Data Is Inaccurate.

Date Started: Date Completed:

SSN: First Name: Last Name:

Date of Birth: Address:

Gender: City, State, Zip:

APO Address: (If APO Address is selected, Country will be set to "Other")
Country:

Do you have a phone number?
 Yes No

DSN/Commercial Phone Number 1 (phone numbers should not include dashes)

DSN/Commercial Phone Number 2

<< Previous Tab Next Tab >>

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When you are finished, click "Save". If any tabs above MEDICATION turn RED, then you must complete questions under that tab. Click on the tab and the errors will display (see next slide)

Save

Demographic

Demographic Information

Allergies

Overall

Health

Preventive

Health

Behavioral

Health

Family History

Medication

Evaluation

Framingham

Additional

Data

Notify Unit If Demographic Data Is Inaccurate.

Date Started:

SSN:

123456789

Date of Birth:

1988/02/08

Gender:

Male

This record displays an "error" in red after the soldier clicked on "Save" (see next slide)

Print Form

PHA Printing Instructions:

You must save the form before you print.

Adobe Acrobat Reader 8.0 or higher is required to view this document.

These sections can only be accessed by the medical personnel.

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MEDPROS Periodic Health Assessment

Status: PHA Module Administrators
Note to PHA Module Administrators: Only Credentialed Providers can sign and complete the PHA.

PHA Home PHA Questionnaire Contact Us Help Logout Administration

<< Previous Tab Next Tab >>

Save

Demographic

Allergies

Overall

Health

Preventive

Health

Behavioral

Health

Family History

Medication

Evaluation

Framingham

Additional

Data

Overall Health

Must Respond to Question 2
Must Respond to Question 3
Must Respond to Question 7

Overall Health - Answer Each of the Following:

1. Have you had injuries from any of the following events: Vehicle, Fragment, bullets, blast, fall?

Y N

Soldier Comment to

Provider Comment

2. Do you currently have or have you had dental problems since your last exam?

Y N

Soldier Comment to Question 2:

Provider Comment to Question 2:

3. Have you been seen or treated by a dentist or physician since your last exam?

When there is an error—as in this case with the Overall Health tab—the questions with errors are indicated here. Answer the questions and click on on the “Save” button.

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MEDPROS Periodic Health Assessment

Status: PHA Module Administrators

Note to PHA Module Administrators: Only Credentialed Providers can sign and complete the PHA.

Sign and Save

Tabs With Errors
Additional Data
Evaluation

Save Complete.
Form Is Incomplete.

Print Form

PHA Printing Instructions:
You must save the form before you print.
Adobe Acrobat Reader 8.0 or higher is required to view and print the form.
You can download the latest version of

- Demographic Information
- Allergies
- Overall Health
- Preventive Health
- Behavioral Health
- Family History
- Medication
- Evaluation
- Framingham
- Additional Data

Demographic Information

Notify Unit If Demographic Data Is Inaccurate.

Date Started: 3/31/2008 2:53:49 PM Date Completed: 3/31/2008 2:53:49 PM

SSN: 123456789 First Name: ADAM Last Name: LUCIEN

Date of Birth: 1988/01/01 Gender: Male

Once completed and the first six tabs are GREEN, USAR Soldiers will be prompted to call the PHA Call Center at (888) MYPHA-99 or (888) 697- 4299. The PHA Call Center will schedule the Soldier's appointment with a medical provider. AGR Soldiers need to contact their assigned MTF to schedule an appointment with their medical provider to complete the PHA Process. To exit click on "Logout".