



USARJ Safety Gram

ARMY SAFE IS ARMY STRONG



Christmas & New Year's Holiday Safety Briefing

Below is a list of suggested topics for holiday safety briefings.

DECORATING SAFETY: (Home & Barracks Fire Safety)

- Never use more than 3 sets of lights in a string.
- Use only "tested" lights by a testing laboratory (UL), and keep lights away from flammable decorations.
- Don't use lights on a metallic tree
- Place burning candles out of reach of children, away from any flammables, and never on a tree.
- Don't buy "Icicle" or "Curtain" style lights.
(Those that hang vertically), these have been recalled for an electrocution hazard.
- Buy fresh trees, and check the water daily to keep it from drying out.
- Check old lights for frayed and damaged chords; replace those that are bad.



HOLIDAY DRIVING:

- This is the busiest driving season of the year, avoid the most used traveled routes
- Avoid traveling at peak times during the holidays
- Fewer hours of daylight, shortest day is 21st of Dec.
(3 times as many accidents occur at night!)
- While driving watch for these seasonal hazards:
 - Snow, black Ice, and Frost on Roads
 - Wet leaves (can be as slippery as ice)
 - Gusty crosswinds (difficulty maintaining lanes)
- Fog (slick roads, use low beam headlights)



DO NOT DRINK & DRIVE!:

- Plan ahead with a designated driver!
- Call a cab & use the "Taxi Plan"
 - Have a buddy drive you home.
 - Call the Chain of Command

IF YOU ARE TAKING A TRIP:

- Plan your route (No more than 350 miles/day, if you driving in CONUS)
- Check the weather forecast
- Drive defensively & plan for reaction time
(Use the "2 second plus" rule)
- Don't drive while fatigued, Stop if you need to!
- Schedule breaks for every 2 hours driving time
- Wear your seat belt & make sure your passengers buckle up

