

ARMY RESERVE  
**RECORD OF INDIVIDUAL PERFORMANCE OF RESERVE DUTY**

*For use of this form see AR 140-185; the reporting agency is CAR.*

**1. DATE**  
Submitted within 72hrs

DATE  
 yyyyymmdd

2. FROM: (Reporting Agency) (Include ZIP Code)  
 HQ, U.S. ARMY JAPAN, UNIT 45005, APAJ-RC, APO, AP 96343-5005

3. RETIREMENT YEAR ENDING DATE  
 MMDD

**3. RYE DATE**  
Month and date

4. TO: (Custodian of reservists' field 201 file) (Include ZIP Code)

DEPARTMENT OF THE ARMY  
 U.S. ARMY HUMAN RESOURCES COMMAND  
 ATTN: AHRC-G8/RMP  
 1600 SPEARHEAD DIVISION AVENUE  
 FORT KNOX, KY 40122

**2. FROM & 4. TO**  
Please print exactly the same addresses here.

**5. Include SSN, even on new forms w/ no SSN box.**

5. LAST NAME - FIRST NAME - MIDDLE INITIAL  
 PUBLIC, JOHN Q.

123-45-6789

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8. INDIVIDUAL'S ASSIGNED ORGANIZATION (If different from office of addressee)  
 Your assigned directorate, U.S. ARMY JAPAN or U.S. FORCES JAPAN, APO, AP 96343 (Zama) or 96328 (Yokota)

9. THE ABOVE NAMED RESERVIST PERFORMED  EQUIVALENT  APPROPRIATE  SUITABLE  OTHER  
 (Check applicable box) DUTIES, TRAINING OR INSTRUCTION ON THE DATES AND FOR THE HOURS INDICATED AS AUTHORIZED BY  
 (Cite authorization) AR 140-185

a. DATE			HOURS	RETIREMENT POINTS	NATURE OF DUTIES, TRAINING OR INSTRUCTION
DAY	MONTH	YEAR			
20	JAN	2011	4	P1	SOLDIER PERFORMED DUTIES OF IMA POSITION
21	JAN	2011	8	P2	SOLDIER PERFORMED DUTIES OF IMA POSITION

**IDT Training & Retirement Points**  
 Please submit separate forms when you perform both PAID and NON-PAID training.

**Payment & Retirement Point Chart**

	Hours	Payment	Points
P1	4hrs	Paid	1 Point
P2	8hrs	Paid	2 Points
N1	4hrs	Not Paid	1 Point
N2	8hrs	Not Paid	2 Points

**Your Section Supervisor's Signature Here**

10. TYPED NAME, GRADE AND POSITION OF OFFICER HAVING KNOWLEDGE OF DUTIES PERFORMED

**10. Leave this box blank.**

**DA 1380 Sample:**  
**Inactive Duty Training Completion Certificate**  
 Please have this form signed by your section supervisor and submit it to the Reserve Components Office.

12. FOR CUSTODIAN OF INDIVIDUAL...

REPORTED TO SERVICING DATA PROCESSING UNIT.

