

# Outdoor Recreation and Local Tours



Camp Zama, Japan

June, July & August 2003

**Your Getaway Guide**

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our "NEW"  
exciting tours!

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**Ask the Outdoor Recreation & Local Tours Staff  
about the Bus Rental Program, VIP Membership  
and BOSS discounts.**

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International Tours has to offer!**

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USAG-J, Unit 45005	Bldg. 533, Camp Zama	Fax: 283-7507
APAJ-GH-CA-CRO	Zama-Shi	<b>Commercial Phone:</b>
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Website: <a href="http://zamatl.com">http://zamatl.com</a>		

## Welcome - "Youkoso"

Put a little "Sizzle" into your summertime! Grab "Your Getaway Guide, family & friends and chart your course for FUN!

Celebrate summer at one of the many festivals in and around the Kanto Plains. Enjoy over 3000 colorful decorations at the Tanabata Star Festival, 6 July, fiery cone-shaped towers at the Fuji Fire Festival, 26 Aug. or dance the night away at Tokyo's Samba Festival, 30 Aug.

Have you always wanted to join the circus? Well now you can! The world-famous Bolishoi Circus is coming to town 3 Aug., tickets sell fast - reserve your seats by 10 July.

Light up your life at one of Japan's largest fireworks displays in Yokohama, 1 Aug. - it will take your breath away!

Thrills, Chills, Hills - climb to the top of Japan's tallest peak - Mt. Fuji, 26 July and 2 Aug. Gear up with a "how to" clinic 10 & 17 July. Take a "Discover Kayak & Canoe" class, 12 July & 22 Aug. at Dewey Park then take the big plunge at Lake Ashi, 26 July.

"Take Me Out to the Ball Game" - NFL Pre-Season Game with the Tampa Bay Buccaneers & New York Jets, 2 Aug. and on 23 Aug. enjoy Japanese baseball Baystars & Tigers slug it out at Yokohama Stadium.

Hello Kitty, Mickey and Big Bird! You can have it all this summer with visits to many amusement parks Hello Kitty - 21 June, Tokyo Summerland 29 June, Tokyo Disneyland/Sea 4 July, 31 July and 1 Sept., Fujikyu Highlands and Toshimaen 5 July.

If the Dog Days of Summer are too hot for you, chill out with "Disney On Ice", 24 Aug.

Do you have family coming to town and don't know what to plan? Our Local Tours Specialist, Mr. Toshio Shindo, will be happy to help you plan a custom "Getaway Guide". Need maps and general sightseeing information? We've got that too! Your Local Tours office is open 7 days a week.

For reservations & information, please see pages 31 & 32. Let your fingers dot the walking:  
[www.jnto.or.jp](http://www.jnto.or.jp)

## from the Director



**Cathy Spence**  
Director  
Outdoor Recreation  
and Local Tours

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- 15 Father's Day Special
- New Sanno Brunch & Asakusa Sightseeing
- 22 Sanrio Puroland - Hello Kitty

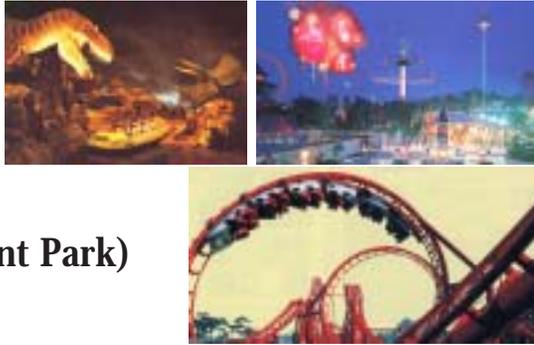
### JULY

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- 19-20 Historic Kyoto Overnight Tour

### AUGUST

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- 2 Mt. Fuji Hike
- 26 Fuji Fire Festival

June 2003



### Land of the Lost (Unesco Park & Seibu Amusement Park)

Sunday, 1 June  
Adults: \$18 • Youths: \$14 (Bus transportation only)  
Depart: 7 am • Return: 6 pm

Wanting something adventurous? Well come with us to **Yunesco Park!** They supply dinosaurs, bone chilling rides and other various attractions that will satisfy your adventurous needs! Ride a river raft through the 7 zones or romp through the park for more excitement! Definitely a fun trip for the entire family! (Fear not! All the "Velociraptors" are only models. The other dinosaurs featured...who knows! Come and find out!) Afterwards, we will go to *Seibu Amusement Park*. Enjoy the rides at the park. *Bring yen for admission, souvenirs and food/drinks.*

\*Lawson and Family Mart sell Advance Passports for discount prices:  
¥3,300 (ages 13 & up) • ¥2,400 (ages 3-12)  
Prices are subject to change without notice.  
*Note:* Passports are for admission and rides in Unesco and Seibu Park.

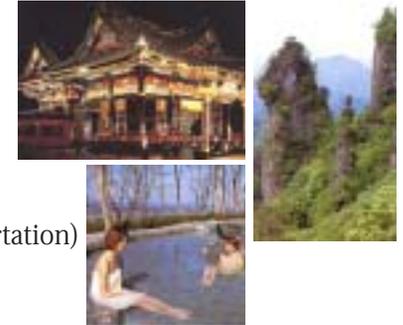
### Tokyo Bay Cruise & Odaiba



Sunday, 1 June  
Adults: \$29 • Youths (ages 6-12): \$24 • Youths (ages 3-5): \$20  
(Boat fee, guide & bus transportation)  
Depart: 8 am • Return: 5 pm

Relax on an 80-minute *Harbor Bay Cruise* and enjoy the essence of the Port of Tokyo with a panoramic view from the sea that leads you beneath the 590 meter long *Rainbow Bridge*. Afterwards, spend some free time at *Odaiba*, a very fashionable, futuristic theme city with shops, stores, restaurants, cafes, clubs and many other facilities. *Bring yen for shopping, souvenirs and food/drinks (or feel free to bring food/drinks).*

### National Trails Day Special Hike Mt. Myogi & Hot Spring



Saturday, 7 June  
Adults: \$29 • Youths: \$25  
(Hot spring, staff escort & bus transportation)  
Depart: 5 am • Return: 10 pm

*Myogi Mountain Range* in *Gunma Prefecture* is considered one of Japan's best places of scenic beauty. The hiking trail continues in the fresh greenery with the view of the unique shape of the rocks, is enjoyable for beginners through advanced hikers. At the entrance of the trail lies the *Myogi Shrine* that has elaborate wood carvings. After the exciting hike, soak and relax yourself in the hot spring with a wide opened view of the *Kanto Plain*. A total of about 4 hours of hiking, including the steep and rocky slopes or steps. Some places require clambering with chains or on thin steel ladders.

### Enoshima Island



Saturday, 7 June  
\$5 (Bus transportation only)  
Depart: 9 am • Return: 5 pm

Explore *Enoshima Island* in *Sagami Bay* and learn about the island's fascinating ancient history. On the south side, see waves carving into the interestingly shaped rocks along the beach and visit the remarkable *Iwaya Cave*. Nearby you can explore *Shonan Beach* and *Enoshima Marineland*. This huge aquarium features 300 rare species of fish and about 10,000 other sea creatures! *Bring yen for admissions, souvenirs and food/drinks (or feel free to bring food/drinks).*

*Enoshima Marineland Aquarium Admission Fees: Ranges from ¥700 to ¥1,500. Prices are subject to change without notice.*



June 2003



### “Father’s Day Special” New Sanno Brunch & Asakusa

Sunday, 15 June  
Adults: \$29 • Youths: \$20 (Brunch, guide & bus transportation)  
Depart: 9 am • Return: 5:30 pm

Happy Father’s Day! Enjoy a hearty Father’s Day Brunch at the *New Sanno Hotel!* Afterwards, stroll through the famous *Kaminarimon Gate*, down the souvenir littered *Nakamise Avenue*, on through the ancient *Nitenmon Gate* and arrive at the historic *Sensoji Temple* and explore the historic temple grounds! *Bring yen for shopping, souvenirs and snacks/drinks.*



### Sanrio Puroland (Hello Kitty)

Saturday, 21 June  
Adults: \$7 • Youths: \$5  
(Bus transportation only)  
Depart: 8 am • Return: 6 pm

*Sanrio Puroland*, also called “Hello Kitty”, is an indoor theme park that has seven attractions and three restaurants. Both the young and the young-at-heart will enjoy the live shows, seasonal events, and seeing the many popular characters, attractions and parade. *Bring yen for admission, souvenirs and food/drinks.*

*Passport Admission Fee:* ¥4,400 (ages 13 & up) • ¥3,300 (ages 4-12)  
\**JTB* (Japan Travel Bureau) Offices sell Advance Passports for discount prices: ¥4,000 (ages 13 & up) • ¥3,000 (ages 4-12).  
*Prices are subject to change without notice.*

### Hakone Yunessan Hot Spa



Sunday, 22 June  
\$9 (Bus transportation only)  
Depart: 7:30 am • Return: 5 pm

With their Mediterranean theme, the *Yunessan Spa Resort* features spas with names like *The God’s Sea*, *Ancient Roman Bath* and much more. There are also birthday-suit style onsens (hot baths), a massage service, the *Dead Sea Bath* (which uses imported sea water), the *Mio Mall* with a food court and souvenir shops and restaurants. *Bring yen for admission, souvenirs and food/drinks. Also bring swimwear, towels and other items needed.*

*Note:* Tattoos are not allowed at the hot spa. If you have tattoos you will not be allowed in the bath areas.

*Hot Spa Admission Fees:*

*Yunessan* (swimwear zone): ¥2,000 (adults) • ¥1,000 (youths)  
*Mori no Yu* (no swimwear zone): ¥1,000 (adults) • ¥500 (youths)  
*Swimwear & swimwear zone:* ¥2,500 (adults) • ¥1,200 (youths)

*Prices are subject to change without notice.*

*Note:* The admission fees are specially discounted for U.S. military and civilians. *Please remember to bring your ID card.*



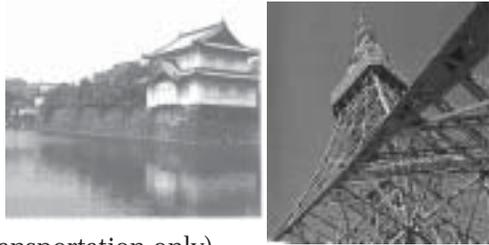
### Tokyo By Day (Tokyo Tower, Meiji Shrine & Harajuku)

Sunday, 22 June  
Adults: \$25 • Youths (ages 6-12): \$23 • Youths (ages 3-5): \$20  
(Tower admission, guide & bus transportation)  
Depart: 8 am • Return: 5:30 pm

The *Tokyo Tower* stands 333 meters (1,092 feet) and is the fourth tallest tower in the world. On the lower levels of the tower, many shops, eateries, a wax museum, the *Modern Science Museum* and aquarium can be found. After the *Tokyo tower*, you will see the *Meiji shrine*. After spend some free time at *Harajuku* exploring one of Tokyo’s highly fashionable and bustling districts. *Omotesando Avenue*, *Meiji Street* and *Takeshita Street* are “the” streets to find fascinating places. *Bring yen for shopping, souvenirs and food/drinks (or feel free to bring food/drinks).*

June 2003

### New Sanno Zip Trip



Friday, 27 June  
Adults: \$8 • Youths: \$6 (Bus transportation only)  
Depart: 8 am • Return: 5 pm

Catch the bus to the *New Sanno Hotel* and explore downtown *Tokyo!* Drop by the *New Sanno Travel Desk* to get a few maps and extra information about the local attractions and special events! Grab a map and explore *Tokyo*. *Bring yen for any places you plan to visit, shopping, souvenirs and food/drinks.*

### Old Temple Relaxation Walking in Hydrangea & Waterfall



Saturday, 28 June  
Adults: \$9 • Youths: \$5  
(Bus transportation)  
Depart: 8:30 am • Return: 4:30 pm

We are stopping by the waterfall *Shasui-no-taki* to introduce you to one of Kanagawa Prefecture's 50 best sceneries. After enjoying the view of the clear water flowing, we'll take you to the 600 year old temple *Saijyo-ji* in the profound cedar forest. Hydrangeas planted by the path, welcome visitors with their rainbow colors and are in full bloom during this time. The path continues in the shade of old cedars to the top temple. *Saijyo Temple*, also known as the Temple of "Tengu-san" ("san" is honorific). "Tengus" are imaginary goblins that were worshiped by the ancient people due to their special powers. In the large temple area, you will find photogenic beauties here and there, classic Japanese architectural styles of wooden temples, pavilions and statues. Free spaces are available for visitors to take a break and have a picnic lunch. About 1 to 1-1/2 hours on the well maintained walking paths to reach the top temple, including more than 500 steps. Some Japanese noodle shops, souvenir shops are available.

### Heiwajima Antique Fair



Saturday, 28 June  
\$5 (Bus transportation only)  
Depart: 9 am • Return: 4 pm

At the *Heiwajima Antique Fair* there will be various kinds of antiques and collectibles. Over 200 stalls brimming with fantastic sales are waiting for you to admire and buy. *Bring yen for shopping and food/drinks (or feel free to bring food/drinks).*

### Tokyo Summerland (Water & Amusement Park)



Sunday, 29 June  
\$5 (Pool admission & bus transportation)  
Depart: 8 am • Return: 6 pm

Catch the bus to this fun amusement park and conquer the thrilling rides such as the *Freefall* and the *Hayabusa!* Also try the water rides and attractions such as the *Adventure Fall*, *Conifer Creek*, *Wavepool* and *Tokyo Sesame Place* hosted by your favorite characters from *Sesame Street*. *Bring yen for rides, souvenirs and food/drinks. Also bring swimwear, towels and other items you may need.*

### Yokohama Lunch Cruise & Minato Mirai 21



Sunday, 29 June  
Adults: \$49 • Youths (ages 6-12): \$35 • Youths (ages 3-5): \$15  
(Lunch cruise, guide & bus transportation)  
Depart: 10 am • Return: 5 pm

Enjoy a panoramic view of *Yokohama* on the elegant *Royal Wing* cruise ship. See the celebrated *Yokohama Bay Bridge* and an excellent bayside view of Japan's greatest international port while you consume a fine *Chinese style buffet* lunch. After the lunch cruise, enjoy some free time at the *Minato Mirai 21 District* and go shopping or site seeing. *Bring yen for shopping, souvenirs and snacks/drinks.*





### Kamakura Excursion

Sunday, 6 July  
Adults: \$26 • Youths: \$22  
(Buddha & Hase temple admission, guide & bus transportation)  
Depart: 8 am • Return: 5 pm

Kamakura is a beautiful seaside town that attracts many visitors each year because of its history, which is considered by most to be a romantic blend of fact and fiction. You are sure to find great pleasure experiencing this beautiful town with its 65 Buddhist temples and 19 Shinto shrines. The *Great Buddha* is the single most visited attraction in Kamakura. Cast in 1252, the seated figure is over 37 feet high and weighs almost 100 tons. Other things of interest that may be seen on this tour are the famous *Hase Kannon* and *Hachimangu Shrine*. The history of Kamakura really began when for the first time in Japan's history the seat of power was geographically and structurally removed from the Yamato Region (Kyoto/Nara area). *Bring yen for souvenirs and food/drinks (or feel free to bring food/drinks).*



### Tanabata Star Festival

Sunday, 6 July  
\$5 (Bus transportation only)  
Depart: 11 am • Return: 7 pm

Travel with us to *Hiratsuka City* and see the *Tanabata Festival!* This festival is based on a folk tale about Weaver and Altair, two stars separated by the Milky Way that are allowed to meet once a year. This celebration is famous for displaying close to 3,000 extravagant and colorful decorations that are strung along the streets. You will have free time to stroll the entire festival area. This is a truly fun and festive event that you won't want to miss! *Bring yen for souvenirs and food/drinks.*

### Yokohama Zip Trip

Monday, 7 July  
Adults: \$9 • Youths: \$5  
(Bus transportation only)  
Depart: 9:30 am • Return: 6 pm



Explore the famous *Yokohama* area! We'll take you to the one of famous spots, *Minato Mirai 21*, *Yamashita Park* and *Chinatown*. Spend your free time exploring the sites and strolling around the area or shopping. *Bring yen for shopping, souvenirs and food/drinks.*

### Discover Mt. Fuji Hike! Information Night

Thursday, 10 July  
Cost: N/A  
Start: 5:30 pm • End: 6:30 pm  
Sign up by: 5:30 pm, Wednesday, 9 July, at Outdoor Recreation



*Mt. Fuji* is the most famous and highest mountain in Japan. Before you conquer the mighty mountain, learn a few tips at Outdoor Recreation on what to expect on the climb, what to bring and what to wear.

\**Mt. Fuji Hike Trip* – 26 July & 2 August. See other pages for details.

### Yokota Shopping

Saturday, 12 July  
\$5 (Bus transportation only)  
Depart: 8 am • Return: 4:30 pm



The *Yokota PX* is two stories tall and you will find a variety of things like electronics and clothes and places like the *Commissary*, *Cinnabon*, *A&W*, *Charlie's Steakery*, *Pretzel Mania*, *Taco Bell* and more! *Bring money for shopping and food/drinks.*

July 2003

## Discover Kayaking! Intro Class at Dewey Park



Saturday, 12 July  
Adults \$5 (1-hour class with the instructor)  
Start-End: 8:30 am - 9:30 am • 9:45 am - 10:45 am  
Sign up by: 5:30 pm, Wednesday, 9 July at Outdoor Recreation  
Limited to: 8 people (4 students per a class)

Friendly introductory class for beginners. Participants will be taught the only the basics.

*Wear:* Swim wear, T-shirt, pants and sandals with straps.

*Bring:* Change of clothes, towels, sunglasses and sunscreen lotion. In case of inclement weather, bring rain jacket.

\**Kayaking at Lake Ashi Trip* – 26 July. See other page for details.

## Kyoto Overnight



Saturday-Sunday, 12-13 July  
Adults: Single Room-\$210 • Twin or Triple Room-\$185 each  
Youths: Own Bed-\$175 • Shared Bed with a Parent-\$135  
(1-night accommodation, breakfast, admissions, guide & bus transportation)  
Depart: 2 am, Saturday • Return: 9:30 pm, Sunday

*Kyoto* served as the imperial capital of Japan for more than a thousand years and is well noted for its ancient history and magnificent structures. Visit *Kinkakuji Temple*, built in 1397 by Shogun Ashikaga Yoshimitsu as his retirement villa. *Heian Shrine*, a 5/8-scale reconstruction of the original Imperial Palace in 1895 for Kyoto's 1,100-year anniversary. *Sanjusangendo Temple*, renowned for hosting 1,001 wooden statues of the Goddess of Mercy. *Nijo Castle*, the official Kyoto residence of the first Tokugawa Shogunate. *Toji Temple*, guardian temple on the east side of Kyoto. *Bring yen for shopping, souvenirs and food/drinks.* You may also want to wear comfortable shoes due to the amount of walking and an umbrella and rain gear in case of inclement weather.

*Note:* A minimum of 15 people is required for this tour to proceed. A maximum of 66 people will be allowed on this tour. *The last day to sign up for this tour is Friday, 4 July.*

## New Sanno Brunch & Minato Mirai 21



Sunday, 13 July  
Adults: \$30 • Youths: \$20 (Brunch, guide & bus transportation)  
Depart: 9 am • Return: 5:30 pm

First, we'll take you to eat your fill at the *New Sanno*. After brunch, enjoy some free time to go shopping or sightseeing on your own at the *Minato Mirai 21 District*. *Bring yen for shopping, souvenirs and snacks/drinks.*

## Discover Mt. Fuji Hike! Information Night



Thursday, 17 July  
Cost: N/A  
Start: 5:30 pm • End: 6:30 pm  
Sign up by: 5:30 pm, Wednesday, 16 July at Outdoor Recreation

*Mt. Fuji* is the most famous and highest mountain in Japan. Before you conquer the mighty mountain, learn a few tips at Outdoor Recreation on what to expect on the climb, what to bring and what to wear.

\**Mt. Fuji Hike Trip* – 26 July & 2 August. See other pages for details.

## Toshimaen Amusement Park



Friday, 18 July  
\$10 (Bus transportation only)  
Depart: 7 am • Return: 6:30 pm

*Toshimaen* amusement park has a water park with a wave pool, wading pool, kid's pool, wave-current pool, diving pool and an amazing array of water slides. The amusement park area has rides, roller coasters, arcades, restaurants and shops. *Bring yen for admission, rides, souvenirs and food/drinks.*

*Note:* A hot spring is scheduled to open at Toshimaen at the end of June. There will be several with and without swim wear areas. *The admission fee (as of April) has not been announced.*



### Yokosuka Shopping

Saturday, 26 July  
\$5 (Bus transportation only)  
Depart: 8 am • Return: 3:30 pm



Treat yourself to some major shopping at the *Navy Exchange* in *Yokosuka*. The exchange has an assortment of shops with all kinds of bargains. And check out the *Fleet Recreation Center*, where you can buy almost any kind of outdoor and sports gear you can possibly think of! Also, there is a huge food court to chow down at! Don't miss out. Sign up today! *Bring money for shopping and food/drinks.*

### Kayaking Easy! At Lake Ashi

Saturday, 26 July  
Adults \$55  
(Instructor, rental kayak/canoe, life jacket & van transportation)  
Depart: 5 am • Return: 5 pm  
Sign up by: 5:30 pm, Wednesday, 16 July  
Limited to: 6 adult participants



After the friendly introductory class to kayaking, grab a paddle and explore the open water world! Enjoy the view of *Mt. Fuji* over the *Hakone* mountain range. Addition to kayaking, enjoy spending some time at *Hakone Yasuraginomori Park* and the nearby restaurants and souvenir shops.

### Blueberry Picking & Mt. Fuji 5<sup>th</sup> Station



Sunday, 27 July  
Adults: \$28 • Youths (ages 6-12): \$25 • Youths (ages 3-5): \$20  
(Blueberry picking fee, guide & bus transportation)  
Depart: 7 am • Return: 5 pm

Enjoy a fun-filled day when we take you to *Lake Kawaguchi*, one of *Mt. Fuji's* 5<sup>th</sup> Stations. *Lake Kawaguchi* is also one of *Mt. Fuji's* five incredible lakes. When you set foot on the soil, the breeze will surround you with herbal fragrances and the beauty of the area will amaze you. Afterwards, we will stop by a blueberry farm where you can pick and eat all-you-can in 30 minutes. *Bring yen for souvenirs and food/drinks (or feel free to bring food/drinks).*

### Nikko Excursion

Sunday, 27 July  
Adults: \$37 • Youths: \$31  
(Admission fee, guide and bus transportation)  
Depart: 5 pm • Return: 8 pm



*Nikko* is best known as the site of the *Toshogu Shrine*, which is famous for its five-story pagoda and its extremely detailed woodcarvings. In the shrine's complex there are three other sections to be seen, the *Rinnoji Temple*, the *Futarasan Shrine* and the *Daiyu-in*. Other sites we will visit are *Lake Chuzenji*, *Kegon Falls* and *Ryuzu Falls*. *Bring yen for souvenirs and food/drinks (or feel free to bring food/drinks)*

July 2003

### Tokyo Disneyland/DisneySea

Thursday, 31 July  
Adults: \$12 • Youths: \$9  
(Bus transportation only)  
Depart: 7 am • Return: 11:30 pm



Walt Disney's dream for a unique type of entertainment for the entire family came to Japan in 1983. Each land has features unique to itself with exciting attractions, shops, restaurants and live entertainment. Check out the one and only *DisneySea*! Each of its seven theme ports has its own unique distinct settings, attractions, shows, shops and restaurants. When signing-up for this trip, ask for a Magic Kingdom Club Card to receive a discount on the passport. *Bring yen for admission, souvenirs and food/drinks.*

*One-day Passport Fee with Magic Kingdom Club Card:*  
¥5,100 (ages 18 & up) • ¥4,400 (ages 12-17) • ¥3,400 (ages 4-11)  
\*The one-day passport fee is the same for both Disneyland and DisneySea and can only be used at one of the parks.  
*Prices are subject to change without notice.*  
*Note:* You may want to pre-purchase tickets through the *JTB* (Japan Travel Bureau) Office. Fees are the same (as at Disneyland or DisneySea) and you may use your Magic Kingdom Club Card at the *JTB* Office to get the discount prices.

### Discover Kayaking/Canoeing! At Dewey Park

1-31 August  
10 am - 2 pm  
Rental Fee: \$5  
(Kayak/canoe, paddles and life jacket. No life guard included.)  
Sign up: at Outdoor Recreation



*Dewey Pond* will be open for kayaking/canoeing activities during the off-season of trout fishing. Whoever has a desire and wants a chance to try out kayaks and canoes. Our kayaks are especially easy to handle.  
\*Children must be accompanied with adults.

August 2003

### Yokohama Fireworks

Friday, 1 August  
\$5 (Bus transportation only)  
Depart: 4 pm • Return: 9:30 pm



View the spectacular *Yokohama Port Festival Fireworks* display from *North Dock*, located right across the harbor. This 45-minute show will ignite approximately 8,000 fireworks! *Bring snacks, drinks and lawn chairs and enjoy the fireworks!*

### Mt. Fuji Hike

Saturday, 2 August  
\$26  
(Guide & bus transportation)  
Depart: 4 am • Return: 9 pm



Every climbing season thousands of people, young and old, climb *Mt. Fuji* from the *5<sup>th</sup> Station* in hopes of seeing from the summit a spectacular view of the Pacific Ocean on one side and the *Japan Alps* on the other. This will be a one-day climb and therefore the pace must be rather fast if you plan on making the top on time. Although there are small shops along the way up, prices tend to rise along with the altitude (since supplies are carried up the mountain on porter's backs). *Bring yen for souvenirs and food/drinks (or feel free to bring food/snacks).* *You should also bring drinking water, a jacket, rain gear and wear sturdy boots/shoes.*

*Climb Rating:* Difficult  
*Max Elevation:* 3,776 meters (12,388.45 feet)  
*Ascent to Summit:* 7 hours  
*Decent to Bottom:* 4 hours  
\**Mt. Fuji Info Class* – 10 July & 17 July. See other pages for details.